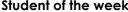
Bedgerabong School News

www.bedgerebon-p.schools.nsw.edu.au Issue #10 www.facebook.com/bedgerabongps 30 June 2025



Student of the week





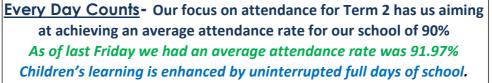






Student Growth through Excellence in Teaching and Partnerships for Success

Small Steps Today, Giant Leaps Tomorrow





Lower Division

Week 8 – Jude B – fantastic effort and participation at Forbes Eisteddfod

Week 9 – Laylah Z – for working well in Science and in the garden **Upper Division**

Week 8 - Colby B - great effort in writing Week 9 – Harriet H – focus and dedication



Upcoming Dates for your Diary

30 Jun Dads in School Day 11.40-1pm

Mosaics with the kids K-2 Class- 9-12pm, 3-6 Class 12-3pm 1 Jul

3 Jul Little Class excursion - Forbes Pre-School

Last day Term 2- Whole School Excursion- NAIDOC celebrations Forbes 4 Jul

22 Jul School resumes for kids & Life Education Van

24 Jul Small schools touch footy knockout vs Carcoar @ Bbong School

25 Jul PSSA Netball Gala Day (selected stage 3) combined small schools team

26 Jul Community Family Fun Day 2pm til late

28 Jul Big Class Jindabyne Excursion Monday - Thursday

PSSA Soccer Gala Day (selected stage 3) combined small schools team 1 Aug

4-6 Aug LAMs

4-8 Aug Visit by Royal Far West community support

8 Aug Circus Workshop @ school

15 Aug Cake & biscuit decorating for Show. Volunteer helpers required

22 Aug Lachlan PSSA Athletics - Parkes

2LVR radio station show 26 Aug

8-10 Sept Stage 3 Creative Arts Camp

19 Sept Western PSSA Athletics - Dubbo

26 Sept BEDGERABONG TALENT SHOW/ End term 3

27th & 28th March 2026 - Bedgerabong Sesquicentenary





2025 school term dates for kids

Term 1 6-2-25 - 11-4-25 Term 2 30-4-25 - 4-7-25

Term 3 22-7-25 - 26-9-25 Term 4 14-10-25 - 19-12-25 **Hello everyone-** I hope this newsletter finds you well. We've come to the last newsletter of the term. Busy seems to be the norm but we are proud of the opportunities and experiences we offer to our kids. It does take some organising and changes to routine, but we are proudly a small school -not a little version of a big school, and we encourage all of our kids to try new things and be involved in as much of school life as they can.

Boys to the Bush – final session was held last week. HUGE thanks to Tim West for creating and providing a leadership and wellbeing program just for our Stage 3 all free of charge. If you're not aware of the content of the sessions or the philosophy behind the program be sure to check out our school Facebook page for full reports and photos.

Forbes Eisteddfod – our last Eisteddfod of the season. As always, the kids performed with high levels of skills and confidence. Our dance group placed 1st in their section. Our Little Class placed 1st and also received a highly commended. The Big Class placed 2nd and also received a highly commended in their section.

School Bytes app - we did have a chat about the reason for using School Bytes and functions within the program/app at our P&C meeting last Wednesday night. You can set up your device to receive notifications about posts, but not for all aspects of comms, (payments and excursions are just 2 known examples). Be sure to check your account to be sure all payments are up to date and you haven't missed anything. It was decided it wouldn't be offensive for the school to call and remind you of overdue payments. To save a call this week here's a general reminder from our P&C to check you've paid the 2025 P&C subs and the student insurance contribution. Amount is \$2 per family and \$5 per child, invoices were sent out at the end of Term 1.

Mosaic workshop – will take place tomorrow at school finishing off the projects the kids started at the Dads in Schools event. Feel free to come and help or create your own masterpiece. Little Class 9-12 and Big Class 12-3pm

Bedgerabong Talent Quest – is to be held at school on Friday September 26. It's time to help the kids get their ideas ready and maybe even start rehearsing.

Bedgerabong Community Fun Day– is planned for Saturday July 26 at the school. Starting from 2pm, we will have some games, maybe some damper baking, billy boiling and a chance to catch up.

Farewell and thanks to Mrs Pitt- who will finish up working with us at Bedgerabong this week and take a well-earned break. Mrs Pitt brought a wealth of experience, skills and support to our school. I would like to acknowledge my gratitude for all of her contributions to making our student learning programs so successful and to her support of myself and all of our staff.

The Right to Disconnect – is a new initiative with the Dept of Education. which has implemented a new 'right to disconnect' policy for all school staff. That policy has reduced the amount of time school staff **are allowed** to spend on meetings **outside of school hours**, and a restriction on the hours in which we are able to send or receive communications. It's heavily based in research around burn out, stress and mental health/wellbeing. It is something we're working hard on at school and hope it can be supported by our school community.

We are currently restricting any means of school communication to the hours of 8am – 5pm. Monday to Friday. As the principal I'm making myself available 7am-7pm Monday Friday. Weekends are to be free of comms-pending any emergencies.

I'd be very grateful for everyone's support to this approach. We do have close working relationships with our community, and this is where lines can sometimes be blurred. It may seem innocuous, but school messages and emails over the weekends and late at night do put pressure on us to answer - or if they are not answered, we harbour guilt over not answering. Your support in assisting us to implement this policy would be greatly appreciated. Our P&C is generating a messaging system for last minute changes to hot food, uniforms etc. Keep an eye out for that.

Western Soccer Team – congratulations to Georgia P for making it into the Western Soccer team. She now attends the Championships in Ballina in August.

Wishing you all an amazing week and hope that you find some down time with family over the school break. Remember- Choose Your Attitude, Be There, Make Someone's Day and PLAY! Regards - Paul

BIG CLASS NEWS







Into our last week with a well-earned break fast approaching. Most of the students have published their Arctic Fox Informative Texts in English and we are excited to finish reading our Term 3 focus text - Leila and the Blue Fox. It was wonderful to have the Parkes East Marimba troupe visit on Friday. The kids worked hard to polish off the SpecFest audition tape which has now been submitted. Thank you to all those who gave up a lot of their free time to learn the songs. If accepted, the experience will be well worth it.

Mrs Faulkner

LITTLE CLASS NEWS- with Miss Hanns

This is our last newsletter for the term – can you believe it?! Time flies when you're having fun!

- Don't forget to keep up the reading over the break it's one of the best ways
 to support your child's learning. Reading regularly in the early years builds strong
 language skills, boosts imagination, helps with focus and sets kids up for future
 success at school.
- Play fun games with your child to keep their learning going without them even realising:
 - o "I spy" using sounds e.g. "something that starts with /s/" or "ends with /at/"
 - Classic games like Snakes & Ladders, Uno or Snap to practise counting, matching and taking turns
 - o Go on a letter or number treasure hunt around the house or yard
 - Let your child be the "teacher" and teach their toys letters or read them stories
 - Use dice to make fun learning challenges (e.g. roll a 3 = clap 3 times, doubling or say 3 words that start with 'b')

Leaders' Report

Hello I'm Xavier and here is this week's leaders report. Last week was the final Boys to the Bush session and we had our disco. The disco went well even though I wasn't there (I was on my way to Spain). During the Boys to the Bush session, we visited the RSL and watched a movie then we ate lunch. After we talked about what RSL's are and at the end we guessed songs. Last Monday Georgia trialed at the Western Touch Football trials and played against Dubbo, Orange, Lithgow and Bathurst. Sadly, she didn't make it in **BUT** congratulations to Georgia for making the Western Soccer Team. Have a good holiday everyone - I know I will! **Xavier M**

In the Garden with Miss Bayley

In the garden the kids have been busy tidying things up, planting seedlings, getting seeds growing in the greenhouse. Cleaning the chookyard and picking the green tomatoes after the frost. We are eagerly awaiting our produce for the upcoming Bedgerabong show, hoping we have lots to exhibit.

Tootie Fruity

Due to the Forbes Eisteddfod we only had one week in the kitchen and garden. Due to popular demand we again made a dumpling this time it was square paper so called a wonton. Winnie taught us to make a lotus, but most made more a money parcel type dumpling. The dessert last week was fresh apple pies made in the pie maker.

Chicken and sweetcorn dumplings.

This made 50 wontons if the filling smaller could easily be 75.

1 ear of corn microwaved for 3 minutes then charred and kernels removed OR 1 cup of frozen corn kernels, 600g chicken mince, 3 spring onions whites finely chopped, 1 thumb sized piece of ginger grated, 1 tbsp light soy, 1 tsp sesame oil, Large pinch of salt 1/2 tap pepper, 1 tbsp chicken stock powder, 1/4 cabbage boiled for 5 minutes then sat the water out and finely chop, 50 wonton wrappers

Mix all the inaredients well

Add 1 tsp into wonton wrappers and use egg wash to seal. Seal edges and fold the corners together to form a bishops hat. Heat the oil in a medium frypan over medium heat. Cook wonton in batches for 3 minutes until slightly golden and crispy. Pour in ½ cup of water, cover with the lid and cook for 3-4 minutes or until soft. Remove the lid and continue to cook for a further 1-2 minutes until the water has absorbed.

Serve with soy sauce or Winnie's special soy sauce.

Enjoy

Winnie's special soy sauce.

Mix together $\frac{1}{2}$ cup soy sauce, 2 Tbs brown sugar and $\frac{1}{4}$ cup malt vinegar. I tsp of ginger can also be added for extra spice.

Mrs Horan

The Resilience Project (TRP) Gratitude, Empathy,

Mindfulness and Emotional Literacy, (GEM)

GEM Chats are questions and prompts designed to start a conversation or encourage students to reflect on their GEM



habits. They provide a great opportunity to build connections between us all. **HOW TO USE GEM CHATS** Make GEM Chats a part of your dinner routine to reflect, check in, and practice gratitude.

Try this simple GRATITUDE prompt this week.

When did you feel most proud of yourself today??

If you'd like to know more about The Resilience Project – Google it or please feel free to call the school and I'd be more than happy to chat with you about it.









Community Notice Board



Bedgerabong Show

Are you a handy person looking to contribute to our local show. The poultry shed cages are in great need of repair. If you are a handy fix it person willing to help, give Heather Cole a call on 0490538235 to find out more information.



Club Forbes Function Room
Awards for First and Second Prize in each section

Presentation of awards - 5pm Saturday 5th JulySet up 9am - Public can deliver entries from 9am to 11am

No entry fee for photograph entries

Entries to be mounted on cardboard only

Judging from 12noon to 2pm. Open 2pm for public viewing Entry \$5 to view the exhibits - children free

Sections

Landscape, Portrait, Animals/Birds, Travel, Focus on Active Forbes, Farm Life/Machinery

Enquires PH: 0439 708 456 or 0427 201 445 E: mtnewell@bigpond.com

Most of funds raised from this event will support Forbes Preschool's Speech and Language programmes

Looking for something to do in the School Holidays?

Come and join in the fun at a **Tennis Coaching Clinic** during the school holidays:

Week 1 – Monday 7th to Friday 11th July

Week 2 – Tuesday 15th to Thursday 17th July

The starting time is 9.00am and the finishing time 12.00pm.

The main aim is for everyone to have fun in a healthy and safe environment while learning how to play tennis. The clinic is open to all children 5yrs to 15yrs with beginners most welcome.

Places are limited therefore bookings are essential. Phone Peter on 0403 335 205 or message via Facebook page "Peter Cliftons Tennis Coaching" before Friday 4th July.

Getting to know – Stephanie S

Nickname: Steph Grade: Yr 1

Games I like to play: playing with my toy

kitchen and Reading Eggs

Favourite colour: pink

Favourite food: watermelon and apples

Thing I like most about school: playing on

the spiderweb, riding the bikes, singing karaoke

Something my parents have taught me: my ABC's

If I had a million dollars: I would buy another

pushbike

Fondest memory -going on a plane to New Zealand to see my mum

When I grow up I would like to: a teenager

If I could change one thing about school: a playground to have a swing

Getting to know Winnie McD

Nickname: Winnie Grade: Yr 4

Games I like to play: handball, hide and seek-tips.

Favourite colour: purple

Favourite food: sushi

Thing I like most about school: my friends

Something my parents have taught me: how to talk

If I had a million dollars: help supply those in need

Fondest memory – my last day of pre-school

When I grow up I would like to: be a fashion designer

If I could change one thing about school: make a swimming pool







Happy Birthday to these recent and upcoming party goers.

Jun 22 Oliver M Jul 2 Winnie McD Jul 8 Abri S Jun 26 Lloyd H Jul 7 Archie D Jul 31 Robert P



Quote of the Week

Nothing is impossible, the word itself says 'I'm possible'. - Anon

STUDENT SPECIAL SHOWCASE

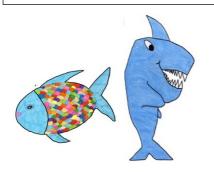
Each newsletter we'd love to share some of the kids' extra curricular achievements away from school. This time we've heard from Nate Cole and Colby Bywater. Please be sure to send us any achievements you'd like us to share with details and a photo (if you can)

Mollie D, Jsa<u>ac G</u>, Archie D, Robert P

These 4 saved the day filling in for the under 12 yellow team at soccer. All played marvellously and held the fort against a strong team much older than themselves.



FiSH!



Choose Your Attitude means having an awareness of what your attitude is at any given moment, and recognizing if your current attitude isn't working for you, you can pick a new one.

FISHphilosophy.com



Mr Faulkner

30-6-2025

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Dads in Schools Day- was a terrific day. We had so many dads, uncles and grandfathers attend. I'd be very grateful if anyone that attended used the QR code to give some feedback. I really value events like today, and with your support and feedback we can make sure they continue.