



## *Student Growth through Excellence in Teaching and Partnerships for Success*

### *Learning, Growing, Thriving*



**Every Day Counts-** Our focus on attendance for Term 2 has us aiming at achieving an average attendance rate for our school of 90%  
*As of last Friday we had an average attendance rate was 95.90%*  
*Children's learning is enhanced by uninterrupted full days of school.*



#### **Lower Division**

Week 2 – Stephanie S – great effort in reading.

Week 3 – Robert P – Amazing effort and enthusiasm at the Cowra Eisteddfod.

#### **Upper Division**

Week 2 – Winnie McD – Commitment and supporting others (marimbas).

Week 3 – Lloyd H – Great effort in Public Speaking.

### **Upcoming Dates for your Diary**

- 20 May The Resilience Project - Parent Webinar 6.30pm
- 21 May School photos
- 21 May Stage3 Boys to the Bush program session 1
- 22 May Bedgerabong Premier's Spelling Bee 9.30am Visitors welcome
- 26 May Forbes Small Schools Sports Carnival K-6 @ Forbes North PS
- 27 May District CWA Public Speaking Parkes
- 28 May BEDGERABONG SCHOOL OPEN DAY 9-11am with morning tea
- 28 May Stage3 Boys to the Bush program session 2
- 2 Jun Yr 5/6 debating workshop - Forbes PS.
- 4 Jun Stage3 Boys to the Bush program session 3
- 9 Jun KING'S B'DAY HOLIDAY
- 11 Jun Western PSSA X-country- Orange
- 18 Jun Stage3 Boys to the Bush program session 1
- 25 Jun Bedgerabong School DISCO @ BEDGERABONG HALL
- 25 Jun Stage3 Boys to the Bush program final session
- 3 Jul BEDGERABONG SCHOOL OPEN DAY 9-11am with morning tea
- 4 Jul Last day Term 2



**27<sup>th</sup> & 28<sup>th</sup> March 2026 - Bedgerabong Sesquicentenary**

#### **2025 school term dates for kids**

Term 1	6-2-25 - 11-4-25	Term 2	30-4-25 - 4-7-25
Term 3	22-7-25 - 26-9-25	Term 4	14-10-25 - 19-12-25



**Hello everyone-** I hope this newsletter finds you well. What an amazing time we've had since we last chatted. Stage 1 of our outdoor education plan is in place, we've had students excel in public speaking, performing arts and sport and there's more to come this term. It should come as no surprise to any of us that all of our kids maintain a happy and positive disposition in everything they do and that makes us all very proud.

The kids  
loved  
utilising our  
new outdoor  
space for  
assembly last  
week



**School Photos** –this Wednesday we have winter uniforms – **grey trousers for boys, green for girls, yellow sports shirts and black shoes.** Kids

**The Resilience Project – Parent webinar.** Will be broadcast this Tuesday evening at 6.30pm. Check our School Bytes for the info and link- I'd be very grateful if we had most of our families register. Our staff have committed to joining as we believe it'll be a great experience and resource for supporting young people and believe you will too. If you can't watch it live, then you'll be given access to the recording to watch at your leisure.

**Boys to the Bush – Stage 3** Be sure to check the school bytes posts for details. The first session will start this Wednesday after school photos. Each week your child will need to bring/wear - Very best positive attitude manners, warm old clothes, enclosed footwear- Lunch supplied.

**Cowra Eisteddfod - Wow! Our kids were just amazing.**

Be sure to check our Facebook page to watch the recordings of the kids' performances and read the adjudications. We entered 2 infants percussion items and 2 primary percussion items. We came away with first place in the infants and the primary sections and highly commended for the other two performances. The adjudicator was totally impressed with the skill and performance skills our kids displayed. The organising committee was so impressed we were also awarded the most impressive performance by any band. The kids' performance of La Bamba was so impressive that the kids have been invited to perform at the Cowra Eisteddfod on Friday June 6. If your child was in that group, please be sure to check for my text message re this event and reply ASAP so that we can make the appropriate arrangements.





**X-country-** congratulations to Isaac G, Archie D, Lloyd H, Phoebe M, Addie M, Olivia G, Leevi B, Xavier M and Georgia P who were successful in being nominated to compete at the Lachlan PSSA X-country last week. Special mention to Georgia who placed 4<sup>th</sup> and is now progressing on to compete at the Western PSSA X-country in Orange later in June.



**Premier's Spelling Bee** Don't forget we have the Premier's Spelling Bee competition coming up this Thursday May 22. The kids and I would love to have you join us for this fun and challenging event. **See you at school at 9.30am. Tea, coffee and morning tea treats supplied.** Hope the super spelling bees are spending substantial sequences of seconds saturating their cerebrum and securing systematic signals for their spelling success.



**CWA Public Speaking-** Mrs Horvat was extremely impressed and along with Mrs Pitt had enormous difficulty in separating the results on the day. Huge congratulations to Lloyd H on being nominated as our Yr3/4 competitor, Xavier M and Harriet H as our Yr 5/6 competitors to participate in the Oxley Group CWA competition in Parkes in a few weeks.

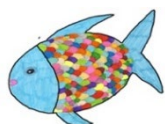


**Forbes Small Schools' Sports Day- will be held next Monday May 26.** School buses don't run that day, and the events cater for all kids from Kindi – Yr 6. There are activities all day for all of the kids, and we also have a parent / teacher relay. Any students competing in the 1500m need to be aware that the new time for that event is 8.40am so be sure to be there in plenty of time. Everyone else needs to be there by 9am. It's a great day for everyone – can't wait to join you in cheering on the kids.



**Open Day-** We often get questions about how multistage classes work in small schools. How do you cater for all of the kids? How do you differentiate their work to suit individuals? How do you manage different grades in the same class? What happens in the classroom? What happens in the playground? All very valid questions. We'd love to share the answers with you, so we are holding an '**Open School**' event on **Wednesday 28th May from 9am-11am** followed by a morning tea. This event is for current mums, dads and anyone considering our school as an option for the education of their children. The kids would love a chance to share their work, routines and class with you. Our staff would love the chance to share their practices with you.

**Wishing you all an amazing week and look forward to catching up soon. Remember- Choose Your Attitude, Be There, Make Someone's Day and PLAY!**  
Regards - Paul



**Leaders' Report** -It's Georgia and you most likely already know me as a year six student here at Bbong. I'm going to be telling you what's been happening at our school. This week has been full of fun activities, sport, school opportunities and more and I'm gonna tell you all about it. Recently we went to the Cowra Eisteddfod and played marimbas. We did very well this year because we came back with two first places and two highly commended, our school did exceptionally well at this Eisteddfod. We've also been having some tryouts for the small schools athletics carnival coming up soon. Some of the events that we have been trying out for are 800 metres, 200 metres, high jump and more. Talking about sport on Friday we also had our Lachlan cross country some of the students from our school went and represented us. Year two three and four ran 2 km while year five and six ran 3 km. Keeping with our sport team Miss Bayley has kindly offered to help run our touch team. She has also been helping us to improve and work as a team. Thank you for taking the time to read my report on this week.



**Georgia P**

### **BIG CLASS NEWS**

Congratulations to the Big Class - your performances at the Eisteddfod were outstanding. We have also been busy with athletics trials for the upcoming Small Schools Carnival. I will endeavour to get some practice in at lunchtime for the field event nominees. If anyone is available at lunch to offer support - I'd love to hear from you. Unfortunately, we are not able to lend out equipment (eg. discus) to use at home. Don't forget to bring runners during the week for touch training. This is dependent on Miss Bayley's availability so there is no set day. Well done to our cross-country runners and a shout out to Georgia for qualifying for the Western trials. Thank you to our Friday kids for helping to assemble some new equipment for the Little Class kids - a carousel and two mini tramps.



**Mrs Faulkner**

### **LITTLE CLASS NEWS**

A huge congratulations to the Little Class for their amazing effort at the Cowra Eisteddfod!

- All the students stood bravely on stage under the bright lights.
- They performed with confidence and represented our school so well.
- I am so proud of everyone, and all the students should be immensely proud of themselves!

**Miss Hanns**



## Dance for Sick Kids

Last week we held our fundraiser for Ronald McDonald House Charities – and had so much fun!



- We played music over the PA system during lunch all week.
- We held a fun “misco” (mini disco) on Thursday at lunchtime.
- Students danced, laughed and showed off their moves.
- We raised an incredible **\$436.05** – thank you for all your donations and support!



## Tootie Fruity

Miss Bayley and the kids have been busy in the garden planting and getting ready so that we will have lots of vegies for the show. The last couple of weeks in the kitchen saw us use vegies that we had frozen earlier and are now using in dishes.

The past couple of weeks we have made Chicken Pasta and Devilled Sausages

### Chicken Pasta

Prep: 5 mins Cook: 15 mins Total: 20 mins

**Ingredients:** 300g fettuccine, 2 tbsp butter, separated, 2 chicken breasts, cut in half horizontally, 1/2 tsp each salt and pepper, 2 garlic cloves, minced, 1/2 cup (125ml) dry white wine (sub more chicken broth), 1/2 cup (125ml) chicken stock, 1 1/4 cups (315ml) cream, thickened / heavy, 3/4 cup (75g) parmesan, finely shredded, 70g / 2.5oz baby spinach, 100 g / 3oz sun dried tomato strips

**Instructions:** Cook pasta in a large pot of salted boiling water for time per packet minus 1 1/2 minutes. Just before draining, scoop out a mugful of pasta cooking water. Then drain pasta.

Sprinkle both sides of chicken with salt and pepper. Melt half the butter in a large skillet over high heat. Add chicken and cook for 2 minutes on each side until deep golden. Remove chicken onto plate, rest for a few minutes then shred with 2 forks.

Alfredo Sauce: Turn down heat to medium high. In the same skillet, add remaining butter and garlic. Cook garlic for 30 seconds until golden, then add chicken stock. Simmer rapidly, stirring to scrape the brown bits off the bottom of the pan. Once mostly evaporated, add more chicken stock, cream, parmesan and sun dried tomato. Simmer on medium for 3 - 5 minutes, stirring leisurely, until it reduces and thickens.

Essential Tossing: Add spinach, chicken and cooked pasta. Toss for 1 1/2 - 2 minutes on the stove, until sauce thickens and coats the pasta strands. Use pasta cooking water if needed if it gets too thick.

Serve immediately with parmesan, crumbled bacon and parsley (if desired).

### Devilled sausages recipe

wk 3

Prep 0:15 Cook 0:45 Serves 4

**Ingredients:** 550g Sausages, 1 tbs canola oil, 1 garlic clove crushed, 2 onions thinly sliced, 1 green apple thinly sliced, 400g canned chopped tomatoes, 1/4 cup tomato sauce, 1/4 cup barbecue sauce, 2 tbs brown sugar, 2 tbs malt vinegar

**Method**

Pan-fry sausages until browned and just cooked. Remove and cool slightly. Chop into pieces and place into a casserole dish. Heat oil in the same frying pan you cooked sausages in and fry garlic, onions and apple until soft. Add to sausages. Mix together remaining ingredients and pour over sausages, apple and onion mix. Cover casserole and cook in oven at 180C for 25-30 minutes.

**Mrs Horan**

***The Resilience Project (TRP)*** is committed to teaching positive mental health strategies to prevent mental ill health and build young people's capacity to deal with adversity.

*We're proud to be implementing TRP's evidence-based whole school wellbeing program to support positive mental health in the classroom, staffroom and wider community.*



*Students engage in weekly lessons to understand and strengthen their practice of Gratitude, Empathy, Mindfulness and Emotional Literacy, (GEM) with regular opportunity for parent/carers involvement.*

**GEM Chats** are questions and prompts designed to start a conversation or encourage students to reflect on their GEM habits. They provide a great opportunity to build connections between us all.

**HOW TO USE GEM CHATS** Make GEM Chats a part of your dinner routine to reflect, check in, and practice gratitude.

Try these simple **GRATITUDE** prompts:

- **What are you grateful for today?**
- **Share a moment that made you smile.**
- **How can you support someone tomorrow?**
- **What was the best part of your day?**

If you'd like to know more about The Resilience Project – Google it or please feel free to call the school and I'd be more than happy to chat with you about it

## Gratitude



Gratitude involves recognising and expressing appreciation for the people, places and things in our lives. Practising gratitude allows us to pay attention to what we have, increasing feelings of happiness and leading to a more positive outlook on life.



## • Community Notice Board-

*Twilight* **OUTDOOR  
MOVIE NIGHT**

**FRIDAY 30 MAY 2025**

**4:30PM - MOVIE START  
TIME 5:30PM**

 **NELSON PARK, FORBES**

POPCORN - FAIRY FLOSS -  
DOUGHNUTS - COFFEE - FOOD VANS

BYO CHAIR, BLANKETS, WARM CLOTHES.  
ADDITIONAL BLANKETS AVAILABLE FOR  
PURCHASE

 **FORBES  
SHIRE COUNCIL**  **FORBES YOUTH  
ACTION TEAM**




## *Rotary Ipomoea Amateur Photography Competition*

**Saturday 5th July**

Club Forbes Function Room

Awards for First and Second Prize in each section

**Presentation of awards - 5pm Saturday 5th July**

Set up 9am - Public can deliver entries from 9am to 11am

No entry fee for photograph entries

**Entries to be mounted on cardboard only**

Judging from 12noon to 2pm. Open 2pm for public viewing

Entry \$5 to view the exhibits - children free

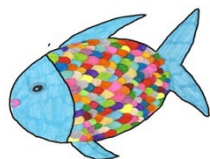
### **Sections**

Landscape, Portrait, Animals/Birds, Travel,  
Focus on Active Forbes, Farm Life/Machinery

**Enquires PH: 0439 708 456 or 0427 201 445**

**E: [mtnewell@bigpond.com](mailto:mtnewell@bigpond.com)**

Most of funds raised from this event will support  
Forbes Preschool's Speech and Language programmes



  **Bedgerabong Public School**  
invites you all to our

# **OPEN DAY**

**Everyone, new and experienced, young or old are  
welcome**

**28 MAY 2025  
9 AM - 11 AM**

**EDUCATION:**

- Music Class
- English Class
- Math Class

 **02 6857 1185**

**WWW.FACEBOOK.COM/BEDGERABONGPS**

**Come and see  
what we do in  
our classrooms**




Being fair shows you care – FISH for life

# Getting to know – Hunter M

**Nickname:** H'man

**Grade:** Yr 6

**Games I like to play:** soccer **Favourite colour:** blue

**Favourite food:** pizza

**Thing I like most about school:** playing with friends,  
and maths

**Something my parents have taught me:** to be  
grateful for the things I have, not the things I don't have.

**If I had a million dollars:** I would save it for later

**Fondest memory** – playing soccer with my dad for the first time

**When I grow up I would like to:** get taller



# Getting to know Robert P

**Nickname:** Roberty Bob. **Grade:** Yr 2

**Games I like to play:** Minecraft, soccer, off road  
outlaws **Favourite colour:** red

**Favourite food:** tacos and pizza

**Thing I like most about school:** the bike track

**Something my parents have taught me:** dad  
taught me how to start the s-line

**If I had a million dollars:** I would save it

**Fondest memory** my friend Locky Veigel

**When I grow up I would like to:** be a farmer

**If I could change one thing about school:** have a real basketball  
match







## Happy Birthday to these recent and upcoming party goers.

Apr 26 Ella P  
May 22 Leevi PB

May 3 Nate C  
May 27 Laylah Z



### Quote of the Week

The only time you fail is when you fall down and stay down. - S Richards

### 2025 school term dates for kids

Term 1 6-2-25 - 11-4-25

Term 2 30-4-25 - 4-7-25

Term 3 22-7-25 - 26-9-25

Term 4 14-10-25 - 19-12-25

Mr Faulkner

19-5-2025

## STUDENT SHOWCASE

Each newsletter we'd love to share some of the kids' extra curricular achievements. This time we've heard from Georgia Pengilly and Heidi Symonds. **Please be sure to send us any achievements you'd like us to share with details and a photo ( if you can)**

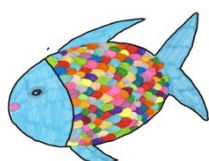
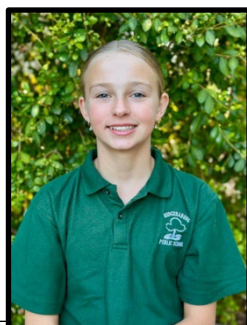
### Heidi S

Congratulations to Heidi. She has been selected in the cast of the Parkes M&D Society's production of 'FROZEN'



### Georgia P

In her Lachlan representative team match, defeated Young representative team 2-0



CHOOSE YOUR  
ATTITUDE

Choose Your Attitude means having an awareness of what your attitude is at any given moment, and recognizing if your current attitude isn't working for you, you can pick a new one.

[FISHphilosophy.com](http://FISHphilosophy.com)

FISH!

