



Student of the week



Laylah
Week 8



Sophie
Week 9



Phoebe
Week 8



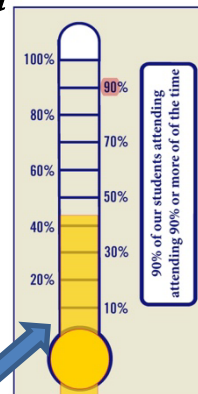
Mollie
Week 9

Student Growth through Excellence in Teaching and Partnerships for Success

Western Small Schools' Relay Champs!

Every Day Counts- Our Attendance Goal is to have more than 90% of our students attending school more than 90% of the time.

As of the end of Term 3 week 9 we were steady with **44.7% of students attending a full school day 90% of the time.** Children's learning is enhanced by uninterrupted full days of school.



Lower Division

Week 8 - Laylah- Bright and bubbly attitude at school - keen to learn

Week 9 - Sophie - Stepping up her confidence. Oral communication goal.

Upper Division

Week 8 - Phoebe - Great attitude inside and out of the classroom

Week 9 - Mollie - Contributing confidently to class discussion and group work

Upcoming Dates for your Diary

27 Sept **Movie Night - from 4**

27 Sept **Last day Term 3**

14 Oct **Term 4 commences for everyone**

18 Oct **Little Class Excursion - Cowra**

23 Oct **NSW PSSA Athletics- Locky 12/13 years Boys Shot Put**

24 Oct **NSW PSSA Athletics- Relay Team Nigel Bagley Trophy**

26 Oct **BEDGERABONG COMMUNITY TRIVIA NIGHT**

4-6 Nov **Big Class Bathurst Excursion**

13 Nov **Captain Speeches**

18 Nov **LAM**

19 Nov **LAM**

22 Nov **LAM**

13 Dec **Forbes Christmas Carnival**

17 Dec **Presentation**

18 Dec **End School year - students**



CHOOSE YOUR ATTITUDE
Choose Your Attitude becomes easier when others acknowledge your hard work. It's nice to be noticed. Who, around you, will you recognize today?
FISHphilosophy.com **FISH!**

Western PSSA athletics results – huge congratulations to Sarah (shot put), Leevi (discus), Hunter (Bagley relay), (Bagley relay) Georgia, (long jump, 800m and Bagley Relay) and Locky (discus, shot put, Bagley relay). They all competed at the Western PSSA athletics in Dubbo last week along with over 1000 other students from across western NSW. All of our kids performed to their best, with positive attitudes and sportsmanship. Locky was terrific in his shot put placing second and our relay team really put on a show, winning both their heat and final runs. Locky, Hunter, Roman and Georgia will now go to Sydney in October to compete at the NSW PSSA Championships. We wish them all the best and want to say a special THANK YOU to Maree Hodges who has been training the team in her lunchtimes.



Movie Night – staying at school. – will be held on Friday 27th September, the last Friday of term. We will have jumping castle, soccer darts and giant slide. Dinner will be provided by Spuddy Buddy and there will be fairy floss and popcorn- ALL FOR FREE. This event is proudly supported by Forbes Youth Action Team and is open to all of our community, not just school families. As the activities start at 4pm, some children may wish to stay behind at school that afternoon, rather than head home only to turn around and come straight back. **If you'd like your child to take up this option, please let me know before WEDNESDAY SEP 25.**



Should it be raining or too wet for an outdoor movie, we will move down to the Bedgerabong Hall. We will know if that's the case by 3pm on Friday, if not earlier.

Attendance challenge – you might have been following our attendance levels on the front page of our newsletter each fortnight. Along with improvement in reading and numeracy levels teachers and our school are also accountable for the amount of time students spend at school – attendance. We've had lots of hurdles this year but would like to reset and start fresh in Term 4. We've spent time talking to the kids and they were very keen to have a say in what they thought would be fair and what we could do to encourage and acknowledge regular attendance. We considered lots of options and starting fresh from the beginning of Term 4 you'll see we will have an overall attendance goal of 92% that we will be tracking regularly. Each student will bring home a note explaining what we have discussed and come up with for Term 4.

Captains Speeches date- will be held at school in a special assembly on Wednesday November 13. Mrs Faulkner and I are both available to support the Year 5 students who wish to stand for a leadership position in 2025. There will be 2 x captain positions and 3 x leader positions available.

Little Class excursion to Cowra- will take place on Friday 18 October. Be sure you've completed the permission notes and have that date marked on your calendar.

Big Class Bathurst Excursion - now that we successfully navigated the whole week 'flood recovery' camp at Lake Burrendong, we were able to make a decision about the Big Classes regular school excursion. We have planned a 2-night excursion to Bathurst Goldfields including the goldfields experience, 10 pin bowling, movie? Bathurst fossil and mineral museum, and a few yet to be confirmed activities. We've selected November 4-6 as the dates. Keep an eye out for more details/permission via School Bytes soon.

Bedgerabong School Sesquicentenary- our school turns 150 years old in 2026. We've held our first planning meeting and set a date of Friday 27th March 2026 and Saturday 28th March 2026. Be sure to mark those dates down. A brief overview of the meeting and possible activities will be published soon. If you have anything you'd like to contribute be sure to contact me at school. Keep an eye out for more info soon.

Learning Alliance Meetings -LAMs – have been scheduled for Monday 18th, Tuesday 19th and Friday 22nd November. Booking and feedback forms will be made available soon.

Annual Satisfaction and Feedback surveys- The NSW Department of Education promotes feedback from parents/carers via the Tell Them From Me (TTFM) Surveys. The TTFM survey window is open now until the end of October. The web address is <http://nsw.tellthemfromme.com/bong2024> and we will also include the link directly in the School Bytes post. I would be very grateful for your time and feedback.

NEW SCHOOL Sign Design EOI – during the planning meeting for our Sesquicentenary we discussed the options of installing a more up market sign where our current FISH signs are out along Bedgerabong Rd. If you have any ideas/suggestions or would like to help out feel free to call me at school and we can start working on that.

Bedgerabong Trivia Night - has been planned for Saturday October 26 at the Bedgerabong Hall. \$10 entry per person. Get a table together and join us for a fun night catching up with our community. We've been asking around for donations of prizes from town businesses and are very grateful for their support. Cheryl George has also offered a prize baked fresh from her kitchen. We've received support from Carpet Court, Gunns, Hozpots, Hair with Style, If you know of anyone that may like to support us with donations, or would like to yourself – be sure to contact me at school. The best donations would simply be your attendance and enjoyment on the night. Please make table bookings by phoning the school.

Wishing you all an amazing week. Regards - Paul

School Bytes Support. – We have received some feedback enquiring about the reasons behind some posts coming as Emails and others as posts, through the App on the phone. School Bytes offers many options to deliver information to the community. We send posts via email when permission or a reply is required. We also use the Email method for our newsletter. Posts Via the app, on your phone, are ones that will provide you with information that doesn't need a reply. These are called news feed and will come with a notification, if notifications are activated on your device. When a permission note is sent through School Bytes a news feed will also be sent to notify you that an email has been sent requiring your attention.



Mrs Hodges

Kindergarten Transition Program

Our Kindergarten Transition Program for next year's students will begin next term. We warmly invite future kindergarten students to join us every Friday over a four-week period. The transition dates are November 15th, 22nd, 29th, and December 6th. During these sessions, the children will have the opportunity to work in the classroom with their future classmates, as well as participate in Friday sport and assembly. Feel free to pass this information onto anyone who might be interested.

Please contact the school for further information- we can't wait to hear from you!

Miss Hanns

Big Class News

Perspective and Context has been the theme for our second English unit of Term 3. Our feature text, 'The Little Wave', has provided much enjoyment and inspiration. From connecting with characters to exploring figurative language, the Big Class students have been taken on a 'wave' of discovery. The poems below were a collaborative effort where students were asked to write about a familiar school setting. Cleverly, the children take us on a journey through their eyes, utilising their own context and experimentation with word play.

Recess

*The children hurry to get a spot.
I run frantically to get a square.
Handballs flying over our heads,
eager to reach any square.
This is getting out of hand!*

*The sun gazes upon us like a protective
mother.
Time flies when your having fun.
Make sure to keep your eye on the ball or
your time is up!
Recess is over, time to go.
We can't wait for lunchtime.*

Heidi, Bailee & Oliver

The Classroom

*I enter the room, and my ears start to bleed.
Voices being raised, surrounded by gentle
whispers.
Vaporiser blowing a nice peppermint breeze.
The globe of the world spinning like leaves in the
wind.
Caddy is a pigsty, like my messy room.
One annoying child is humming a tune.
Kids rocking on their chairs, imaginations ablaze.
Believing they 're on a rocking horse,
like the good old days.
The classroom is a hive, buzzing with activity.
Maths, English... so much creativity!*

Winnie, Mollie & Harriet

The Garden of Treasures

*The Garden of Treasures
I walk down to the garden beds,
smelling all the different fruits and veg.
Like two peas in a pod,
you can't keep the carrots and leeks apart.*

*The sun catches the rows,
of veggies that grow.
It is like a naughty toddler at times.
It doesn't do as it is told.
But our garden is totally rad.....ish!*

Hunter & Leevi

Magical Place

*I walk through the deep forest filled with foliage.
It smells of eucalyptus, dampness and dirt.
I find a huge gum tree,
as big as a whale.
The guardian of the gully screams,
"Leave us alone".
He whispers secrets of the gully,
you would not believe.
The gusting wind rustles the gum leaves,
making them fall on the dusty earth.
Nearby sits a long, dead hollow log.
What's inside?
Snakes, insects, rabbits?
Or something more magical?
This place is special,
it's unique landscape
and colours inspire calmness.*

Ethan, Abri & Xavier

Adventure Awaits

*The bell rings -
I race to the playground.
I have an image in my mind.
The monkey bars are as tall as trees,
the spider web covered in spiders.
An idea pops into my head.
A game as crazy as jumping out of an aeroplane.
The floor is lava!
Climbing around the playground like monkeys.
The lava is rising, I yell.
Everyone is crammed on the spider web.
There is no way out!
The playground is...the best of both worlds.*

Sarah & Georgia

Marimbas

*With a tap of a beater I hear a beautiful tune.
The music vibrates through my body
and fills me with greatness.
When I play the marimbas, it is a special time for
me.
The music sweetens my ears like a hummingbird.
It's like a dream.-
Riding the Riptide.
It's as loud as fireworks at times.
Marimbas are my happy place.
They make me feel warm inside.
The music flows like a river of dreams.*

Olivia, Phoebe & Addie

Mrs Faulkner

Little Class News

We had a spontaneous day learning all about pirates! We connected English, Creative Arts, Mathematical concepts, Sport and more, to go on our adventure. The students especially enjoyed adding pirate slang through commonly told terms and phrases they used. It was great to see students enjoy the learning as it evolved across multiple subject areas on the day. We spoke about what learning opportunities we were going to explore and how we would get there, or else they would have to walk the plank!



Why does it take pirates so long to learn the alphabet?

Because they can spend years at C!

Miss Wade

DISCO Report- We held our disco last Wednesday night. There was dancing, games, and pizza. Here is a bit of feed back from some of the kids: "the disco was fun and crazy my favourite part was the strobe light" Addie. "The dancing was fun" Bailee, "My favourite part of the disco was dancing, and it was very fun" Zailee. "The disco was fun the best part was the bomb game" Leevi. "Zailee's blue hair was great" Locky. "Loved the Air guitar contest" Miss Hanns. Everyone had a great time.



Being fair shows you care – FISH for life

Leaders Report –

Hi it's Ethan. Week 9 has been great. On Wednesday night we had our disco it was a lot of fun. We played lots of games and got to do dances like the Nutbush, Macarena and the chicken dance. Thank you to all the staff for helping. As I am writing this the relay team for Western won in the finals. Congratulations to Roman, Hunter, Locky and Georgia. At recess and lunch everyone has been playing handball. Everyone has been taking it out making it fair. This week we had some exciting news I heard from the grapevine. We are going to the Bathurst Goldfields; we are going to stay for 2 nights and I am very excited.

By Ethan



Handy Hints to Help at Home



♥ 7 Things Every Child Needs to Hear ♥

As parents, it's important to instill values that will guide our children throughout their lives. Here are key lessons to help them grow into confident, compassionate individuals:



1. Speak up, even if your voice shakes.

Encourage your child to express their thoughts and feelings, even when it's difficult. Speaking up is a sign of courage and self-respect.

2. It's okay to say NO.

Teach them they don't need to be polite if something makes them uncomfortable. Trusting their gut and setting boundaries is crucial for their safety and well-being.

3. Words matter.

Help them understand the power of their words. Kindness can uplift, while hurtful words can cause deep pain. Encourage them to take responsibility for what they say and to apologize if needed.

4. There is nothing you could do to make me stop loving you.

Reinforce that your love is unconditional. Knowing they are loved no matter what will give them the confidence to be true to themselves.

5. Don't speak to yourself in a way you would never speak to your best friend.

Guide them to treat themselves with the same kindness and respect they would offer others. Positive self-talk is key to building self-esteem.

6. Don't dim your own light to make someone else comfortable.

Encourage your child to shine brightly and be proud of who they are. They don't need to shrink themselves to fit in or to make others feel better.

7. It's okay to like "girly" things, and it's okay to like "boyish" things, no matter who you are.

Remind them that their interests are valid, regardless of societal expectations. They should feel free to be themselves without fear of judgment.

Conclusion: These lessons will help your child navigate the world with confidence, kindness, and self-assurance. By reminding them of these values, you're equipping them with the tools they need to face life's challenges and to be their best, most authentic selves.

Getting to know Roman

I like to be called: Ramen

Class: Big class

Favourite Animal: Ants

Favourite snack Food: Cheesecake

Favourite Holiday: Christmas

Favourite sport to participate in or watch: Gaming

Things I like to do on the weekend: Gaming

New things I'd like to try: Tennis

TV shows or book I like: Looney Toons

If I could do anything I would: Do the World Cup (FNCS)

Something I would like to learn: To be better at writing.



Getting to know Sarah

I like to be called: Dook

Class: 6

Favourite Animal: Lion/Dinosaurs

Favourite snack Food: Vegi Chips

Favourite Holiday: Darwin

Favourite sport to participate in or watch: Soccer

Things I like to do on the weekend: Play soccer or go to Georgia's House

New things I'd like to try: Touch Footy

TV shows I like: Jurassic Park/World

If I could do anything I would: See a dinosaur alive in person

Something I would like to learn: More about dinosaurs



Tootie Fruity

Gardening over the past two weeks has seen a lot of weeding and planting being done. In the kitchen we have been cleaning out the freezer, using the leftover bread and sausages over the past two weeks.

Quiche Toast Cups

Prep time 10 mins, Cook time 15 mins, Servings: 3

Ingredients

50g bacon, rind removed, diced, ¼ onion, finely diced, 1 tsp oil, 6 slices white sandwich bread, 2 regular size eggs, 2/3 cup milk, 1/3 cup cheese, grated, 2 tsp parsley, finely chopped, Salt and pepper. Oil spray

Instructions

Preheat oven to 180C/350F.

Heat 1 tsp oil in small pan over high heat. Add onion and bacon and sauté until bacon is crisp - about 2 minutes. Remove from heat and set aside.

Cut bread into rounds or just cut crusts off. Use a rolling pin to flatten the bread.

Lightly spray 6 muffin tin holes with oil spray, then press the bread into the muffin tin.

Place in oven for 3 minutes. Remove from oven and set aside. The toast cups should not be browned, just a bit dry (like "toast").

Whisk together the egg, milk, parsley and a pinch of salt and pepper.

Divide the bacon mixture between the 6 toast cups, then the cheese.

Pour 2 ½ tbsp of egg mixture into each cup, then immediately place in the oven. If you take too long between pouring the egg mixture into the toast cups and putting it in the oven, the egg will start soaking into the bread.

Bake for 12 to 15 minutes until the top is lightly golden and the filling is set.

Remove from oven and rest for 5 minutes before serving. The filling will be puffed up but it will deflate while resting. Garnish with extra parsley if desired. Serve warm.

Sausage pilaf

Prep time: 5 mins Cook time: 40mins Serves – 6

Ingredients: 2 small eggplant, 2 zucchinis, 1 Tbs garlic, 6 Tbs Vegetable oil, 500g mushrooms, sliced, 2 cup uncooked rice, 3 cups chicken stock, 2 tsp salt, Black pepper, 1 kg sausages

Method

Cut eggplant, unpeeled, into 6mm slices, then cut the slices into 6 mm strips.

Slice the mushrooms.

Cut the zucchini into cubes

Heat the oil in a heavy 3 litre saucepan over moderate heat. Add the eggplant strips, zucchini, garlic and mushrooms. Cook for 5 minutes.

Add the rice and stir until it is well coated. Add stock and seasonings. Reduce heat and simmer for 20 minutes. Check after 10 mins add more water if necessary.

Meanwhile, cook the sausages in heavy frypan, 10 minutes or until cooked. Cut into 2 cm pieces. Stir into rice mix when rice is cooked.

Over the holidays if you are passing by, please call into school and check the vegie gardens and chooks. Feel free to take any produce that is ripe and take the eggs from the chooks.

Mrs Horan and Mrs Kemp



Community Notice Board

BEDGERABONG COMMUNITY PRESENTS

TRIVIA NIGHT

26TH OCTOBER-7.30PM

BEDGERABONG HALL

\$10 per person- cash at the door

BYO nibbles and refreshments

Teams of up to 8

Prizes for -winning teams, best decorated table, games and challenges

ENQUIRIES / TICKETS 02 6857 1185
OR BEDGEREBON-P.SCHOOL@DET.NSW.EDU.AU

the BAD GUYS

POPCORN | FAIRY FLOSS | SPUDDY BUDDY!

Bedgerabong Public School | Friday 27 September 2024

4:00pm-6:45pm | Jumping Castle, Soccer Darts & Giant Slide
7:00pm-9:00pm | Movie Screening

FYAT FORBES YOUTH ACTION TEAM

Outdoor Movie
SCREENING

FORBES SHIRE COUNCIL

MAKE THEIR DAY

When you go the extra mile for customers, coworkers, friends or family members by offering a little extra help when it's not expected, you'll Make Their Day.

FISHphilosophy.com **FISH!**

Looking for something to do in the School Holidays?

Come and join in the fun at a Tennis Coaching Clinic during the school holidays:

Week 1 - Monday 30th September to Friday 4th October
Week 2 - Wednesday 9th October to Friday 11th October
The starting time is 9.00am and the finishing time 1.00pm.



The main aim is for everyone to have fun in a healthy and safe environment while learning how to play tennis. The clinic is open to all children 5yrs to 15yrs with beginners most welcome.

Places are limited therefore bookings are essential. Phone Peter on 0403 335 205 or message via facebook page "Peter Cliftons Tennis Coaching" before Friday 27th September.



MAKE THEIR DAY

A candle loses none of its light by lighting another candle.

– Anonymous

FISHphilosophy.com **FISH!**

FORBES SHIRE COUNCIL **FYAT** FORBES YOUTH ACTION TEAM

PRESENTS

TEDDY BEARS picnic

FREE EVENT

teddy bear holding balloons

FYAT FORBES YOUTH ACTION TEAM

SATURDAY 19TH OCTOBER
10:00AM - 1:00PM
LIONS PARK, FORBES

FREAKY FACTS

A shrimp's heart is in its head.

It is physically impossible for pigs to look up into the sky.

The "sixth sick sheik's sixth sheep's sick" is believed to be the toughest tongue twister in the English language.



Giggle Spot

Q: What did the pig say on a hot day?

A: I'm bacon.

Q: Where do sheep spend their summer vacation?

A: The Baaaaa-hamas.

Q: What do you get when you combine an elephant with a fish?

A: Swimming trunks.

QUOTE OF THE WEEK

Do one thing every day that scares you. - Eleanor Roosevelt

Happy Birthday to these recent and upcoming party goers.



Oct 1 Elsie



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- 13 Dec **Forbes Christmas Carnival**
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- 18 Dec **End School year - students**

PLAY

In The FISH! Philosophy, Play is not limited to activities separate from work. Instead, work and Play are interdependent, each necessary to create those magic moments where real learning occurs.

FISHphilosophy.com **FISH!**



Mr Faulkner

23.9.2024



2024 school term dates

Term 1 30-1-24 - 12-4-24 Term 2 30-4-24 - 5-7-24
Term 3 23-7-24 - 27-9-24 Term 4 14-10-24 - 18-12-24