



Student of the week



Isaac
Week 8



Mollie
Week 8



Elsie
Week 9

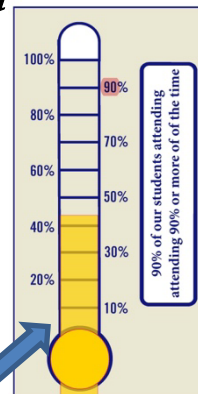


Xavier
Week 9

Student Growth through Excellence in Teaching and Partnerships for Success
A person who never made a mistake never tried anything new.

Every Day Counts- Our Attendance Goal is to have more than 90% of our students attending school more than 90% of the time.

As of the end of Term 2 week 3 we had a level of **36.1% of students attending a full school day 90% of the time.** Children's learning is enhanced by uninterrupted full days of school.



Lower Division

Week 8 – Isaac -Amazing performance at the Eisteddfod.

Week 9 – Elsie – Excellent application of learnt writing skills. Initiative to start writing own sentence.

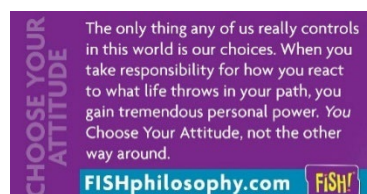
Upper Division

Week 8 – Mollie – Great effort writing Haiku Poems.

Week 9 – Xavier – Trying hard to improve his writing.

Upcoming Dates for your Diary

- 3 July FSSS Athletics carnival
- 4 July Regional Drought Resilience Plan Consultation
- 4 July Boys to the Bush-Stage 3
- 5 July Soccer Knockout vs Trundle @Bbong School 10.am
- 5 July End of Term 2
- 22 July Staff Commence T3
- 23 July Students Commence T3
- 23 July Life Education Van, Healthy Harold.
- 29 July LAM's K-2, 3-6
- 30 July LAM's K-2, 3-6
- 31 July LAM's 3-6
- 16 Aug LPSSA Athletics-Parkes
- 17 Aug Bedgerabong Show
- 27 Aug Valley FM 5-6pm
- 2 Sept Burrendong Camp all week
- 20 Sept WPSSA Athletics-dubbo



Hello everyone- I hope that this edition of our newsletter finds you well. As we head into the last week of Term 2, we see ourselves as busy as ever with a host of events this week. Just a reminder that **students** will **commence Term 3** on **Tuesday July 23** with a visit by Healthy Harold and his Life Education Van, please be sure to have submitted your permission forms via School Bytes before the end of this week. Last week I was fortunate to be able to attend the NSW PSSA rugby league championships in Wollongong. My role was to manage and support the Western team. It was a terrific competition that highlighted the positive impact that school sport can have on young people and how the access to competition provides a chance for students to rise to a challenge. Being away however did highlight the fact that I'm not always accessible for day to day school management processes and sending changes of routines via text to my phone isn't always going to be effective. So – I'm hoping that I can encourage you to send in notes with your children to confirm any changes of routines for the kids, or call the school landline and leave a message on the machine. Same for any other requests that you might have for your child.

Forbes Small Schools Athletics carnival- will be held this Wednesday at Forbes North Public School. Students should be there by 8.50am dressed in sports uniforms. Be sure to acknowledge any parking restriction signs. We have not had any luck with catering for the day so BYO meals/snacks etc. Hopefully we will have the services of a coffee van. As I have mentioned previously all of the children are expected to participate in all of the compulsory events – age race, standing jump, cricket ball throw, long jump. Some children have been selected to participate in High Jump, 1500m, 200m, discus and shot put. We will have a pre-school race as well.

Regional Drought Resilience Plan Consultation – we will have a representative visit our school this Thursday from 8.30-9.30am. If you are not able to attend for a face-to-face discussion – there is a link to an online survey for you to have your say. The link to the survey can be found here https://www.surveymonkey.com/r/RDRP_PFL

Bedgerabong V Trundle soccer match – we will hold our match in the Small Schools Soccer Knockout against Trundle at our school this Friday. We've planned to kick off at 10.15am. Huge thanks to Andrew Pengilly for his time and commitment. Zoe has confirmed that our P&C will cater for the day with a sausage sizzle. We have parents from Trundle coming to watch. It'd be great to have some home support for our kids – if you are wanting to come down, would you mind letting me know so we can ensure we have enough food.



P&C Meeting- will be held this Friday to plan and prepare for catering at the show. 8.30am at the school.

Community Connections- will be on this Thursday, however the planned **visit by ABC media has been postponed** until next term. Please feel free to visit, but if you'd rallied the troops to make a big show, you might want to pass this info on.



Student Progress Reports – will be finalised with attendance data this Friday and be ready to go home the first day the kids are back for Term 3.

LAMs - We've had a great response to the online booking for our Learning Alliance Meetings. If you've yet to book your meeting time, there are a few spots left so be sure to get in before the end of the week.

Burrendong Camp - for years 3-6 is coming up in Term 3 Sept 2-6. We have received all of the school based permission notes for our kids. The next step is to register with the camp. Please keep an eye out on School Bytes for a message that will include the online link for the camp.



Forbes Eisteddfod Success – you may already be aware of the results from the Forbes Eisteddfod, but even if you are I'm going to take the 'proud principal' approach and tell you again. Our Little Class took to the stage to perform 2 items, each containing 2 songs which was a step up and quite a challenge moving on from the Cowra Eisteddfod. They shared their energy, enthusiasm and skills with the audience and adjudicator with the adjudicator acknowledging their preparation, listening skills and performance awarding our Little Class both 1st and 2nd places. That brought on the Big Class who also had 2 items consisting of 2 contrasting songs. Boy did they have the adjudicator and audience sitting up high in their seats. Tapping, clapping and at times humming along, they amazing all with their refined and confident performance skills. Both items were extremely well received and once again our kids were awarded 1st and 2nd place. It was lovely to read and hear the feedback from the adjudicator. I think we sometimes forget the high level at which our kids



perform and see it as simply 'normal', but after Cowra,

Dubbo and Forbes Eisteddfods, I think we can say our kids marimba performance skills are anything but. Way to go kids!

Contacting the school re changes of routine – As I had mentioned earlier, sending in changes of routines via text to my phone isn't always going to be effective. I am often required to attend network principal meetings and I do hold several PSSA positions meaning I'm away with school sporting teams. So – I'm hoping that I can encourage you to send in notes with your children to confirm any changes of routines for the kids. Mrs Hodges checks for notes from home every day. A lot of the time we are unable to answer the landline as our staff work with the children, but you can also call the school landline and leave a message on the machine. The machine is checked after every break. Same for any other requests that you might have for your child at school.



Boys to the Bush - Our stage 3 Kids enjoyed another session with Tim. We are very lucky to have Boys to the Bush provide this program for us free of

charge.**FORBES EISTEDDFOD** Today the program took a little twist as we integrated ourselves within the existing events planned for the school. It was an eventful day as we joined the group for the Forbes Eisteddfod to cheer on their marimba performance. Our journey began with a quick check-in to gauge everyone's spirits, and we were pleased to find most of the group pumped and eager for the day ahead. The excitement was palpable, and it set a positive tone for what was to come. Arriving at the Eisteddfod, we were treated to a fantastic performance by the group on the marimbas. Their dedication and hard work were evident in every note they played. The performances they produced were a testament to their countless hours of practice. It was no surprise when they received both a win and a highly commended award. These achievements were well-deserved, and their faces beamed with pride and joy.

ICE SKATING After celebrating their success, we moved on to our next activity—a session of ice skating on a synthetic rink. It was amusing to see everyone getting measured for their skates before venturing onto the artificial ice. Although it was a bit challenging to balance on the synthetic surface, laughter filled the air as they skated around, some gliding smoothly while others spent more time picking themselves up off the ground. Their smiles and giggles showed they were thoroughly enjoying the experience, even if they weren't quite mastering the art of skating.

FISHING AND RIVER Our final adventure of the day took us to the serene Lachlan River for some fishing and relaxation by a warm fire. Before that, we stopped by the local bakery for a satisfying lunch. Once at the river, Sarah and Georgia took charge of starting and maintaining the fire, impressing everyone with their skills. The fire provided a cozy gathering spot, perfect for the cooler afternoon. Despite the boys' best efforts with their fishing rods, the fish weren't biting, which prompted us to relocate to the Bird in the Hand sculpture for another attempt. The change of scenery was refreshing, and the group remained cooperative and engaged. Although they were a bit more energetic than usual, they managed to uphold their respectfulness and camaraderie throughout the afternoon. As the day wound down, we wrapped up with a spirited game of soccer back at school. The friendly competition brought out the best in everyone, and it was a fitting end to a memorable day filled with music, skating, fishing and camaraderie. Everyone returned home tired but happy, with stories to tell and memories to cherish.



Wishing you all an amazing week. Regards - Paul



**School
Bytes**

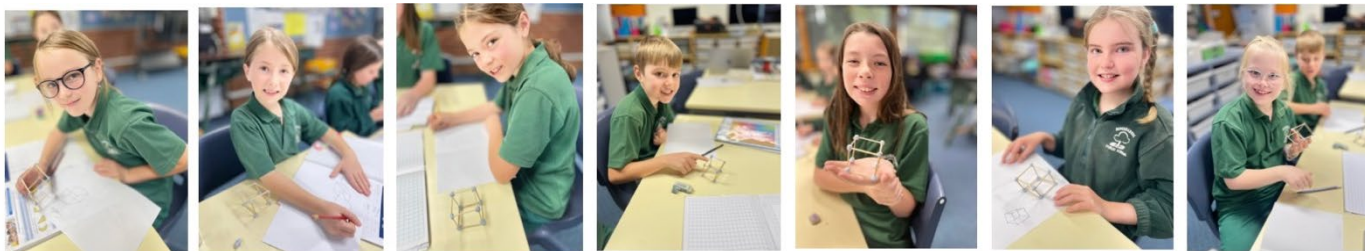
There are times when a payment needs to be made on School Bytes. This can be completed through either the App or your PC. Go into the Payment tab select "Add other item" then select the student you wish to pay for, from the drop down menu. A list of items available will show up. (This list is not what you owe, but more like a shopping basket of what you want to pay for.) Select the item you want, Press "Add items" and the amount you need to pay will appear. Continue to put items you need in your basket, for the second student again by "Add other item" tab. When

finished select "Pay Now" and follow the prompts. If you have any queries, please contact us.

Mrs Hodges

Big Class News

This year has simply flown by - already we are nearing the completion of Semester 1. It is great to have the Big Class back as one. Over the last few weeks, we have been smashed with illness, but hopefully everyone is now fit and ready to enjoy the last week and then of course, the holidays. Once again, a fantastic effort at the Forbes Eisteddfod. I love that Bedgerabong School ensures every child has the opportunity to perform on stage. This presence from an early age helps develop confidence and performance skills that remain with them as they journey through their schooling years and beyond. In English we are continuing our poetry study - exploring different types of figurative language and writing poems. Last week we looked at using alliteration and repetition in concrete poems. In maths we have been fortunate to have Mrs Horvat help out on Tuesdays during our session. These snaps were taken recently while Stage 2 were exploring the properties of 3D shapes. Have a safe and restful break, and I look forward to catching up with everyone for our LAM's early next term.



Mrs Faulkner

Little Class News

What a wonderful first half of the year we have had! As we enter our final week of Term 2, we take this opportunity to congratulate all the Little Class on their efforts and achievements thus far. Our recent trip to the Forbes Eisteddfod was one to remember! All the students performed beautifully with confidence and were able to demonstrate to an audience their hard-working efforts on the marimba.



In English, we have been continuing our exploration of different types of stories and writing skills. Last week, we had fun investigating how information can be represented in stories and learned features of informative and imaginative texts. This challenged our thinking how to design and make our own bridge as an architect, from the classroom to the tennis court safely. This was a creative task that also invited our current maths unit about position. We had to create a path from one location to another, using only classroom materials. Our plans had to



include realistic thinking of what might hold our weight, how things might tie together and then how the materials chosen may impact the way we get across safely. All students had fun collaborating their ideas and thinking hard about what will and won't work. Their plans were very creative! Some had to swing quickly across jumpers and power cords, walk slowly across a wobbly mat, and even tiptoe carefully along a

wooden beam. It was great to see both English and Maths combine with a problem-solving challenge that they all seemed to enjoy.

I wish you all a very happy and safe holiday!

Miss Wade

Leaders Report

Hi I'm Sarah Moxey and will be doing the leaders report. Lately we've been doing angles in math, we have been splitting up with some of the students doing Mathletics and some do math sheets. In English we are learning about poems. We are doing lots of art for the show and lately kids have been playing soccer, down at the cubby, basketball and a lot more.

By Sarah



Handy Hints to Help at Home –



Brendan O'Hara Workshop

Throughout the years, Brendan has observed the growing disconnectedness of our children. This disconnectedness has been accelerated exponentially through the covid years resulting in The Primitive and Postural Reflexes being ever more present.

The children are out of rhythm with themselves, their environment, the Natural Environment, their innate social instincts, they need to be given an avenue to return to their bodies, and to be at Home in their Hearts.

This will be an experiential presentation, with an emphasis on bringing centred calm to the children, and to us all, to assist our being At home in Our Hearts. Songs will be sung, movements enjoyed, with a modicum of talk; fun and laughter will abound.

"I reach high for the Sky. Like a bird I fly, back home to my Heart."

When: Saturday July 27th 2024

Where: Club Forbes Auditorium

Time: 9am - 4pm

BYO: Hand bean bag, yoga mat, lunch

Light morning tea provided

Tickets are essential. Limited spaces available.

\$40/person

To purchase tickets -

<https://www.123tix.com.au/events/44437/brendan-ohara-workshop>



10 THINGS YOU CAN DO TO help your child learn mathematics

1

Play games together (number games, card games, board games, dice games, computer games).

2

Use the language of mathematics – words like 'under', 'over', 'bigger', 'smaller' when your child is young or 'prism', 'pyramid', 'cone' when your child is older.

3

Discuss the mathematics your child is learning at school. Ask your child to explain what they have learnt and how they can use the ideas.

4

Show your child the mathematics that people use every day – for example, in an Australian Rules football game you need to count in sixes for goals and ones for behinds.

5

Show your child the mathematics that you use every day – for example, in the kitchen you measure ingredients or use a timer.

6

Show your child the mathematics that is all around them, such as money, maps, distances, patterns, time.

7

Solve mathematical problems with your child, discussing and comparing different strategies. Remember that there may be several ways to solve the same problem.

8

Encourage your child to try different strategies when solving problems, including the use of diagrams, and to check solutions for accuracy.

9

Provide opportunities for your child to investigate mathematical ideas such as estimating; probability; 2D and 3D.

10

Use technology, including calculators and computers, to solve problems, and graphics programs to create shapes.

Getting to know Lloyd

I like to be called: Mad Dog

Class: Yr 2

Favourite Animal: Meerkat

Favourite snack Food: Chocolate balls

Favourite Holiday: Fiji

Favourite sport to participate in or watch: Gymnastics

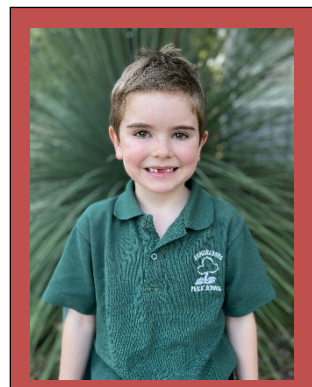
Things I like to do on the weekend: Sit down and relax

New things I'd like to try: Parkour

TV shows I like: Total Drama Island

If I could do anything I would: Eat everything in the kitchen

Something I would like to learn: Learn new technology



Getting to know Heidi

I like to be called: Hides or Heidi

Class: Year 5 Big Class

Favourite Animal: Dragons

Favourite snack Food: Lollies, chips

Favourite Holiday: Christmas or Birthday

Favourite sport to participate in or watch: Dancing, swimming

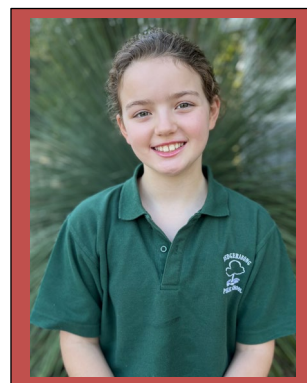
Things I like to do on the weekend: Watch my ipad or do dancing

New things I'd like to try: Acro, in dancing.

TV shows I like: How To Train Your Dragon

If I could do anything I would: Be a dance teacher.

Something I would like to learn: Gymnastics.



Here's a lesson for you to try at home!

THE
**RESILIENCE
PROJECT**

TAKE IT HOME ACTIVITY

GRATITUDE | LESSON #15



Hi Families,

This week in class, we explored gratitude by identifying 'three awesomes' in our everyday life and considering why it's important to build a habit of being thankful.

Practising gratitude is the ability to notice things in your life and around you (big and small) and appreciate them, rather than thinking about the things you wish you had or might be missing out on. Today's activity is about sharing positive stories in your own lives with each other. Sharing stories about your own childhood with your children, like where you and your parents and grandparents went to school, met each other, and lived, can help them develop confidence in their own identity and understand who they are and where they fit in the world.

TRY IT AT HOME FAMILY ACTIVITY:

MY MAGICAL MOMENTS

YOU WILL NEED:

- Time together as a family (during dinner works well when everyone is around a table).

WHAT TO DO:

- Each family member takes it in turn to tell each other a top 3 magical moment in their life and why it makes the top of their list.
- Examples could be: Wedding day, birth of a child, Christmas day, moving into a new house, getting a new pet.
- Continue around the table until everyone has shared their top 3 life moments.
- If possible, get out some old photos to show the family of the magical moments that were discussed and relive the memories.

Family Gratitude habit builder

Every night at dinner, have each person describe the favourite part of their day and explain why.

Gratitude

Paying attention to what I have

We would love to see what you are doing at home. Please share some photos or let your child's teacher know what you have enjoyed.



For more activities to complete as a family check out theresilienceproject.com.au/at-home

Being fair shows you care – FISH for life

Tootie Fruity

The last couple of weeks was anything but normal. Week 8 saw the Stage 3 kids cook as we cooked on Wednesday due to ChillFest and Forbes Eisteddfod. Mexican Pancakes seemed to be a hit, who doesn't like pancakes then put together with Mexican mince, avocado, tomato and cheese. Yummo. Week 9 back to a slimmed down school with the Stage 3 kids at Boys to the Bush. The garden also got a make over in week 8 with the extra hands. The Tayberry was cleaned up around and supported, the garden shed cleaned out and lots of raking and cleaning under the pepper tree near the trampolines.

Mexican Pancakes Week 8

400g beef mince, 30g packet reduced-salt taco seasoning mix

Pancakes - 3/4 cup self-raising flour, 2 cups plain flour, 2- 3 cups milk, 1 tbs greek yogurt, 20g butter

1 large avocado, mashed, 1 medium tomato, finely chopped, 1 tablespoon lime juice, 1/4 cup sour cream

Method

Lightly spray a medium frying pan with oil. Heat over high heat. Add mince. Cook, breaking up mince with a wooden spoon, for 5 minutes or until browned. Add seasoning mix. Cook, stirring, for 1 minute. Add 3/4 cup cold water. Bring to the boil. Reduce heat to medium. Simmer, uncovered, for 5 minutes or until mixture is thick. Remove from heat. Cover to keep warm.

Meanwhile, combine flour and a pinch of salt in a bowl. Make a well in centre. Combine milk and yogurt together. Pour milk mixture into flour mixture. Whisk until smooth.

Heat a large non-stick frying pan over medium heat. Brush pan with a little melted butter. Pour 1/3 cup batter into pan. Swirl pan to cover base. Cook for 3 to 4 minutes or until bubbles appear on surface. Turn. Cook for 2 to 3 minutes or until golden and cooked through. Transfer to a plate. Cover with foil to keep warm. Repeat with remaining batter to make 4 pancakes.

Combine avocado, tomato, lime juice and remaining coriander in a bowl. Place pancakes on plates. Top with mince mixture, guacamole and sour cream. Serve topped with extra coriander.

Pie maker impossible quiches Week 9

Prep 10m Cook 30m Makes 24

Ingredients - 2 cups plain flour, 6 eggs, 2 cups milk, 1 cup thickened cream, 200g smoked ham, chopped
4 green shallots, trimmed, thinly sliced, 2 cups grated cheddar

Method

Place the flour in a medium bowl. Make a well in the centre and add the eggs. Use a whisk to whisk until the eggs are smooth. Slowly whisk in milk and cream until a smooth batter forms. Season. Stir through ham, cheese and shallot. Transfer the mixture to a large jug.

Pour enough mixture to come to the top of the pie maker holes. Close and cook for 7-8 minutes or until cooked through. Transfer to a plate and repeat with the remaining mixture. Serve scattered with extra shallot.

Mrs Horan

Community Notice Board

Looking for something to do in the School Holidays?

Come and join in the fun at a Tennis Coaching Clinic during the school holidays:

Week 1 - Monday 8th to Friday the 12th July

Week 2 - Monday 15th to Wednesday 17th July

The starting time is 9.00am and the finishing time 1.00pm.

The main aim is for everyone to have fun in a healthy and safe environment while learning how to play tennis. The clinic is open to all children 5yrs to 15yrs with beginners most welcome.

Places are limited therefore bookings are essential. Phone Peter on 0403 335 205 or message via Facebook page "Peter Cliftons Tennis Coaching" before Friday 5th July.



FREAKY FACTS

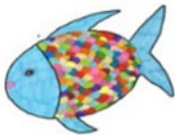


A cat has 32 muscles in each ear.
An ostrich's eye is bigger than its brain.
In many advertisements, the time displayed on a watch is 10:10.

Giggle Spot

Q: Why is Cinderella bad at sport?

A: Because she's always running away from the ball



Q: What is a ghost's favourite position in football?

A: Ghoul-keeper



Q: What do you call a ghost's true love?

A: His ghoul-friend

QUOTE OF THE WEEK

"The difference between successful people and others is how long they spend time feeling sorry for themselves." – Barbara Corcoran

Happy Birthday to these recent and upcoming party goers.



June 10 Ethan Brown June 19 Georgia Pengilly
June 22 Oliver Morgan June 22 Will Grant
June 26 Lloyd Herbert



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- 2 Sept Burrendong Camp all week
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2024 school term dates

Term 1 30-1-24 - 12-4-24 Term 2 30-4-24 - 5-7-24
Term 3 23-7-24 - 27-9-24 Term 4 14-10-24 - 18-12-23

Mr Faulkner

1.7.2024