



Student Growth through Excellence in Teaching and Partnerships for Success

Silver Medallists at State Champs!

Student of the week



Archie
Week 2



Elsie
Week 3



Sarah
Week 2



Winnie
Week 3

Every Day Counts- Our focus on attendance for Term 4 has us aiming at achieving an average attendance rate for our school of 92%
As of last Friday we had an average attendance rate of 94.70%.
Children's learning is enhanced by uninterrupted full days of school.



Lower Division

Week 2 – Archie – Perseverance with a math task

Week 3 - Elsie – Reading improvement and confidence in all areas

Upper Division

Week 2 – Sarah – Working in all areas

Week 3 – Winnie – Great focus in all areas

Upcoming Dates for your Diary

4-6 Nov Big Class Bathurst Excursion

13 Nov Captain Speeches

15 Nov Kindi Transition

18 Nov LAMs

19 Nov LAMs

19 Nov 2LVR schools hour radio show

22 Nov Kindi Transition

29 Nov Kindi Transition

6 Dec Kindi Transition

13 Dec Forbes Christmas Carnival

17 Dec Presentation

18 Dec End School year - students

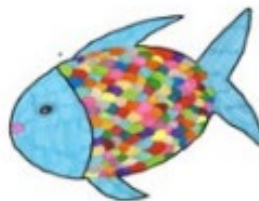
27th & 28th March 2026 - Bedgerabong Sesquicentary

CHOOSE YOUR
ATTITUDE

Your attitude has a tremendous impact on the way people perceive you and the message you are trying to express. How are you contributing to their perceptions today?

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FISH!



Hello everyone – I hope that this edition of our newsletter finds you well. A few things of note to bring you this week.

NSW PSSA ATHLETICS

Two weeks ago, our school had 4 representatives participating in the NSW PSSA Athletics Championships – Locky in the shot put and Nigel Bagley relay and Hunter, Georgia and Roman in the Nigel Bagley relay. Locky did his best in the shot put, but will be the first to tell you those other boys were big and could put that shot! Locky bowed out after the preliminaries. Our Nigel Bagley relay team had a different result, which I'm sure many of you may have already heard about. Our team took to the track for their heat run with a quiet confidence after all of their preparation - but with plenty of nerves. Their run was quite amazing taking almost 3



seconds off their record time in Dubbo and placed first in their heat. Then the nerves really kicked in as we waited and watched the remaining heats to see the results and times. As it turned out we had qualified 2nd fastest with a handful of teams all within 1 second of the kids' time. Now the nerves really kicked in waiting for the final with a couple of hours to let this sink in. That brought the kids to the final – if you follow our Facebook page- you know the story. A strong start by our kids, matched by all other teams. Our kids never say die attitude and determination to do their best, right down to the final centimetres of the race was the difference between their Silver and Bronze.

I was fortunate enough to be able to attend the event and so proud to have witnessed first-hand this great achievement, not just placing 2nd but stepping up with wonderful sportsmanship, teamwork and cooperation.

Working your way through local and regional trials to be selected to compete at the NSW event is a huge commitment which our kids took on with pride. It also comes with a huge commitment to families to take time from work to travel, find accommodation, cheer the kids and of course return home. The kids trained regularly under the keen eye of Maree Hodges who volunteered her time to get the kids ready, and were all critical aspects of the kids' success, as was the support from their school mates back at Bedgerabong cheering them on. Congratulations and thanks to all involved.

Trivia Night- huge thanks to our community for supporting this event at the Bedgerabong Hall. Unlike the Show or the Races where everyone has a job to do – this was designed to be a chance for our community just to get together, relax, catch up and have some fun while others did the work...interrupted by a few questions and fun challenges. The hall was packed, laughs were had and fun was the order of the night. A lovely community event.



Opportunity Class (OC) placement tests- The NSW Department of Education is committed to supporting all students to achieve their educational potential. Two initiatives are Opportunity Class Yrs 5-6 and Selective High Schools. If you are interested or have any questions, please feel free to contact the school or refer to the flyer attached to the end of this newsletter. You can also see more information by following this link.

https://education.nsw.gov.au/schooling/students/oc-and-shs?utm_source=sfmc&utm_medium=email&utm_campaign=20241031_MartinGraham_SelectiveHighSchoolChanges_AllPrincipals&utm_term=Selective+high+schools+and+opportunity+classes+%e2%80%93+information+for+students&utm_id=212123&sfmc_id=44085495

School Swimming Scheme- keep an eye out for a School Bytes message that will provide details about our swimming scheme and ask you to submit information and permission for this vital experience. We have used the last of our flood recovery money to ensure that there is no cost to families for this experience.

Learning Alliance Meetings and Goals Feedback- I am so grateful to everyone for making your bookings to meet with us and celebrate your child's achievements. I realise it's a 'tricky' time of the year, but the value of these meetings shouldn't be underestimated, and your kids are so excited to be able share their stories with you and celebrate their growth. Feedback from our last meetings included the option to provide feedback to us on your child's progress and the thoughts on the process via online / electronic forms. If you've yet to provide that for our meetings then you might want to spend just a few minutes at this link <https://forms.office.com/r/yCbpwTndHe> or you could use the paper version we sent home a week or so ago. Either way this information will help your child and their teacher prepare for the meeting and allow us to make any necessary changes to the program based on your feedback.

Wishing you all an amazing week. Regards - Paul

Our silver medal relay team thoughts

Georgia – Before the race I was really scared. Throughout the race I was just trying to go faster and felt ok. I was the number one racer -when I passed the baton to Hunter, I was just encouraging him to run. I didn't really think that we would win even though I had a good feeling when I handed the baton over to Hunter. I felt like we ran well in both races.

Hunter – It was really fun – I was very nervous for the first race but the final I felt a bit more relaxed. All that was going through my head was run faster. When I handed the baton to Roman, in my head I was encouraging him to run. I was so stoked to come 2nd, especially as first time at State.

Locky – I felt fairly confident – I believed in our team. I was nervous once I was handed the baton and knew I had some work to do as I thought we were coming about 4th. I pushed myself to come 2nd. I knew as soon as I went over the line that we had come 2nd. I let everyone know that we came second. A really proud moment – I was very pleased with myself and our team.



Roman – a little scared before the race, excited and tired after the race.

School Bytes Support.

There has been a few enquiries about finding consent forms, and information on them, in School Bytes after the form has been submitted. The information can be found in the portal of the parent who submitted the form eg. If Mr Smith submitted a consent form for their child to attend an excursion it will remain on their portal, under responses, in the forms section. The parent that didn't submit the form will not be able to see it. If you any question please contact the office.



Mrs Hodges

Kindergarten Transition Program

Our Kindergarten Transition Program for next year's students will begin next term. We warmly invite future kindergarten students to join us every Friday over a four-week period. The transition dates are November 15th, 22nd, 29th, and December 6th. During these sessions, the children will have the opportunity to work in the classroom with their future classmates, as well as participate in Friday sport and assembly. Feel free to pass this information onto anyone who might be interested.

Please contact the school for further information- we can't wait to hear from you!

Miss Hanns

A colorful poster for the Kindergarten Transition Program. At the top center, a blue rounded rectangle contains the text "KINDERGARTEN TRANSITION". Above it, a yellow rounded rectangle says "BEDGERABONG". To the left, there are illustrations of balloons and a string of beads. To the right, there's a sun, a ruler, and a pencil. Below the main title, there are three boxes: an orange one titled "WHAT IS TRANSITION?" explaining the program's purpose; a green one titled "WHAT ARE THE DATES?" listing four Fridays from Nov 15th to Dec 6th; and a yellow one titled "WHAT DO I NEED TO PACK?" with icons for fruit, a water bottle, and spare clothes. At the bottom right, a blue box says "CALL FOR ENQUIRIES - 02 6857 1185". The BPS logo is in the bottom left corner, and a row of colorful pencils is at the very bottom.

Big Class News

Last Week we took a deep dive into figurative language. The students were then challenged to write a short text that evoked imagery. Each group chose a particular scene from our the text 'Brother Moon' and then used figurative language to create mental pictures and a sensory experience for the reader. The children loved adding the pictures with each story, which were created using an AI picture creator in Adobe Express.

Mrs Faulkner



Hi Families,

This week in class, we explored empathy by looking at the benefits of positive self-talk. We practised giving compliments to each other. This can sound weird at first, but it is usually a little bit easier than giving ourselves compliments, although this is equally important.

Positive talk is the optimistic voice inside your head that is looking on the bright side and identifying the positives of a situation in your life. Empathy is about understanding how others are feeling and can lead to increased positivity in yourself.

TRY IT AT HOME FAMILY ACTIVITY:

CONTINUOUS COMPLIMENTS

YOU WILL NEED:

- 10 minutes together as a family (on a walk or during dinner works well).

WHAT TO DO:

- As a family, take turns giving each other a compliment or describing something you appreciate them for.
- BUT!
- Before giving someone else a compliment you have to give yourself one first to practise and model positive self-talk.
- Continue until each family member has said three compliments about themselves and three compliments to others.

Family Empathy habit builder:

Every night at dinner, have each person thank another family member for something they've done or said today, or give another family member a compliment.

We would love to see what you are doing at home. Please share some photos or let your child's teacher know what you have enjoyed.



For more activities to complete as a family check out theresilienceproject.com.au/at-home

In our science unit for this term, 'Earth's Place in Space', we will be learning about our Solar System. The children will use models to investigate the astronomical scale of things and understand that Earth is part of a system of planets and other celestial bodies, orbiting around a star. So, test their knowledge and have them name the planets in order of distance from the sun. I have challenged them to make up their own verse to help them remember but if not, this one will work – 'My Very Elderly Mother Just Served Us Noodles.'

Mrs Williams

Little Class News

In English, the students went on a journey across three familiar texts to compare and articulate the author's purpose. They enjoyed the text, *'What's Inside a Flower'*, where they were able to plant their own sunflower seeds, and produce mini films to make connections with familiar experiences around them. Keep an eye out for our sunflower seeds growing in pots along the garden entrance.

In Maths, students have been exploring measurement through volume and capacity. They have enjoyed the hands-on experiments that introduced elements of science to trial-and-error different outcomes.



Miss Wade

In science this term we are learning about 'Dinosaurs and other prehistoric animals.' How do we know what they looked like, when they were extinct before people were on Earth? In this unit, the students observe the external features of living things, how they move and how they live in places where their needs are met. Last week we compared external features of modern and prehistoric animals, while this week we will see how skeletons give us clues about what animals might look like.

Mrs Williams

Leaders report

Hi it's Sarah. During week 3 kids have been playing hand ball or down at the cubby. For sport we did circus arts I did stilts with Georgia, Xavier and Bailee. There was also gymnastics, poi, devil sticks, hula hoops and so much more. Leevi, Locky and Winnie got their first level on stilts during circus arts congrats to them. In the class room for art we started to draw a picture of a wolf and we have started on our bluebell pages. We have also started practicing the Pulse dance for next year.

By Sarah



Handy Hints to Help at Home

Do you ever wish your child had a "calm-down button" during stressful moments?

I've been there—especially with my 8-year-old. When he gets upset, it's easy to go straight to "calm down, please!"

But, as I've learned, simply saying that rarely helps. **Kids need specific tools** they can actually use to find their calm again.

One thing that's been a game-changer for us is asking my son, "What's one thing you can do to feel better?"

Giving him that control is empowering—and it really works. It could be something as simple as counting backward or squeezing something.

Today, we're giving you a fun way to help your child find their calm in the moment. The **My Fortune Teller for Calm** is a playful, interactive way for them to discover and practice different calming tools.

This printable makes it easy for your child to pick a calming strategy when things get tough—whether it's stretching, closing their eyes for a quick “mini-escape,” or using a positive affirmation.

Take a look! 

MY FORTUNE TELLER

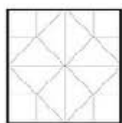
FOR CALM

A Coping Tools Cootie Catcher

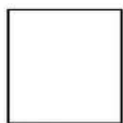
Play this fun game to learn new ways to find calm!

How to Make It

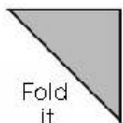
- 1** Print the next page and cut the square along the solid lines.
- 2** Fold the square following the directions below.



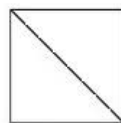
Cut out the fortune teller.



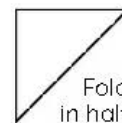
Flip over so the colored side is down.



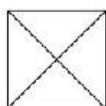
Fold it in half.



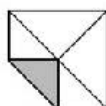
Unfold it.



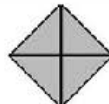
Fold it in half the other way.



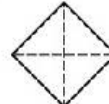
Unfold it.



Fold in all four corners.



It should look like this.



Flip it over.



Fold in the corners again.



It should look like this.

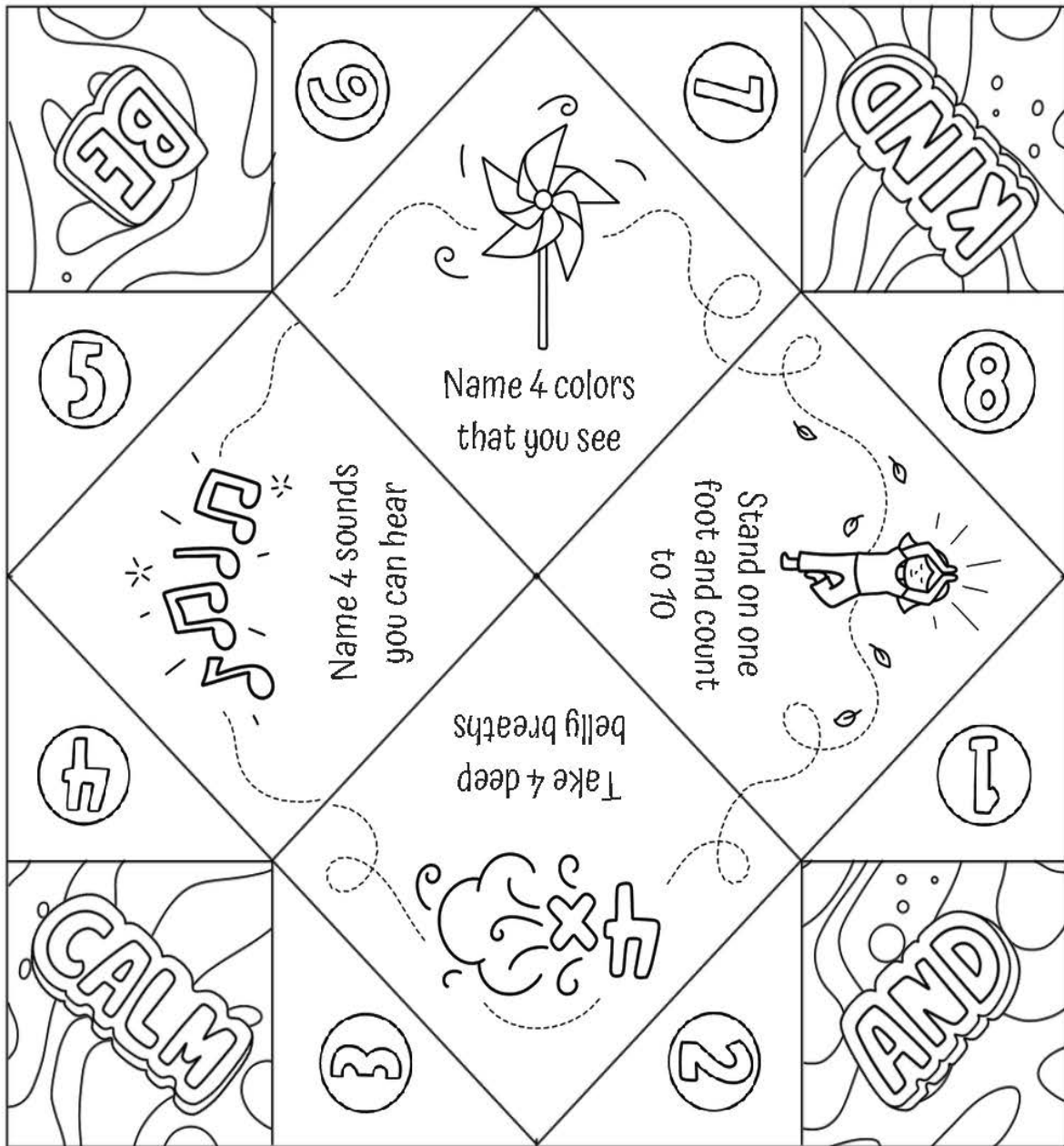


Fold in half again.



Open, place thumbs and pointer fingers in flaps, and play!

MY FORTUNE TELLER FOR CALM



How to Play It

- 1 Ask the other person to choose one word: "BE," "CALM," "AND," or "KIND." Spell the word out as you open and shut the fortune teller.
- 2 Ask the other person to choose a number. Open and shut the fortune teller as you count the number.
- 3 Ask the other person to choose a number again. Practice the calming prompt beneath the number. Play again!

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Getting to know Miss Hanns

If I had superpower it would be: The ability to fly

If had 1 wish I would wish for: An endless supply of money.

Guilty Pleasure: Snickers pods

Favourite Holiday: Fiji

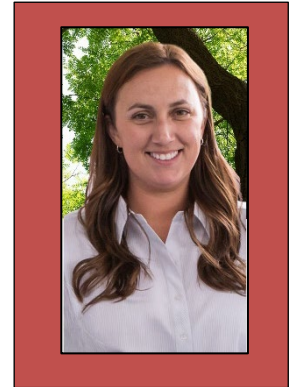
Early bird or night owl: Early bird

I am happiest when: Spending quality time with family

New things I'd like to try: Pottery

TV shows or book I like: Modern Family

Favourite Animal: My bulldog Lottie



Getting to know Miss Wade

If I had super power it would be: Fly

If had 1 wish I would wish for: A house on the river

Guilty Pleasure: Caramello chocolate

Favourite Holiday: Camping on the river

Early bird or night owl: Early bird

I am happiest when: On the river

New things I'd like to try: Painting

TV shows or book I like: Outer banks

Favourite Animal: Horse



Tootie Fruity

Last Thursday we had a visit from Mr Stuart Muller, who is encouraging us to grow vegies for the Sydney Royal Easter Show. Mr Muller provided us with corn, pumpkin, kale and tomato seeds, it will be interesting to see what our vegies grow like. Thursday the kids set about planting some of the seeds. The vegie garden has also kept us in produce for the past two weeks - we have used broad beans and spinach in our recipes along with the citrus that we froze from winter.

Chicken & broad bean tagliatelle

Prep: 5 mins Cook: 15 mins Ready in 25 minutes Serves 4

Ingredients: 4 skinless chicken breasts, 1 tsp olive oil, 300g tagliatelle, 175g broad beans, 85g reduced-fat crème fraiche (or sour cream), juice 1 lemon, 6 tbsp parmesan, finely grated, small handful parsley, chopped

Method

Heat grill to high. Put the chicken onto a roasting tray, coat with the oil, season, then grill for about 12 mins, turning halfway through the cooking time.

Meanwhile, boil the pasta, adding the beans for the final 3 mins, then drain, reserving 150ml of the cooking water.

Shred the cooked chicken and put into the pasta pan with the crème fraîche, lemon juice, 4 tbsp Parmesan and the reserved cooking water. Heat gently, season to taste, then stir in the parsley and pasta. Serve sprinkled with the remaining Parmesan.

Spinach and ricotta sausage rolls

Ingredients: 2 tsp olive oil, 4 green shallots, trimmed, thinly sliced, 2 garlic cloves, crushed, 350g chopped spinach, 350g fresh ricotta, crumbled, 40g (1/2 cup) finely grated parmesan, 1 egg, 1 lemon, rind finely grated, good pinch of ground nutmeg, 2 sheets frozen puff pastry, just thawed

Method

Preheat oven to 200C/180C fan forced. Line 2 baking trays with baking paper.

Heat the oil in a frying pan over medium heat. Cook the shallot and garlic, stirring often, for 2 minutes or until softened. Transfer to a large bowl.

Blanch the spinach until just wilted. Place the spinach in a sieve set over a bowl. Use the back of a spoon to press as much liquid as you can out of the spinach. Discard liquid. Add spinach to shallot mixture. Add ricotta, parmesan, egg, lemon rind and nutmeg. Season. Use hands to mix until well combined.

Cut each pastry sheet in half. Place one-quarter of the spinach mixture in a log shape along 1 long side of a piece of pastry. Brush the opposite long edge with extra egg. Roll up to enclose. Cut each roll into 3 pieces and place, seam side down, on the prepared trays. Repeat with the remaining spinach mixture and pastry. Score the rolls at 5mm intervals. Brush with extra egg. Bake for 25 minutes or until golden brown. Serve with tomato relish.

Mrs Horan and Mrs Kemp

Be There

The thing that creates connections between people, the very glue in our humanity, is being fully present for one another.

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MAKE THEIR DAY

MAKE THEIR DAY really starts with BE THERE, focusing on one person at a time.

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FISH!

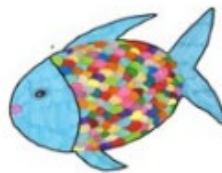
Community Notice Board

BE THERE

To Be There means suspending what you think you know while you are listening.

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FISH!



ENROLLING NOW

All Grades - Kindi - Year 6



Starting school in 2025, or just looking for a change? Then you should consider

BEDGERABONG PUBLIC SCHOOL

- Individual & Small Group Support
- Kitchen Garden • Music • Circus Arts
- Student Wellbeing • Small Class Sizes
- Cultivating curiosity and independence



Small Schools Are Great Schools

Open Days Thursday 9.30-11am or by appointment phone - 68571185

PLAY

Sometimes people forget that play is learning and learning is play.

– Peter Dixon

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FISH!

Rotary
Club of
Forbes Ipomoea

**ROTARY IPOMOEA 12TH
CHRISTMAS TREE FESTIVAL**



Friday 6th December to Sunday 8th December

Please deliver your entries to Town Hall from 7am Friday 6th Dec. Or between 3 and 5pm 5th December.

Venue is the Forbes Town Hall.

Contact -0439708456 (Please leave a message) to make an entry or ask questions Enter individually or enter your school, club, family, community group, business or church and support this Rotary Ipomoea project to provide a family experience for Forbes and District this Christmas. Nativities or trees made from any materials accepted. Big or small we love them all. Proceeds from 2024 Tree Festival will be donated to Havannah House. Havannah House provides crisis accommodation to women and children who were homeless or at risk of being homeless. They provide support to the people accommodated to assist them address the reason/s they were homeless. Also emergency food hampers to people in need is a Havannah House focus.

FREAKY FACTS

You're taller in the morning than at night. This is because our cartilage compresses and makes us a bit shorter over the course of the day. But don't go claiming you're two inches taller on your dating profile. A person's height varies around one centimetre.

On average, hair grows about six inches per year

Although it may sound counterintuitive, your small intestine is actually the longest (internal) organ in your body.

Giggle Spot



Q: Why did the robot take a summer vacation?

A: He needed to recharge.



Q: Why does a seagull fly over the sea?

A: Because if it flew over the bay, it would be a baygull.

Q: What do cats like to eat in the summer?

A: Mice cream cones.

QUOTE OF THE WEEK

You must be the change you wish to see in the world. - Mahatma Gandhi

Happy Birthday to these recent and upcoming party goers.

Nov 5

Addie

Nov 13

Mollie

Nov 22

Sarah



Upcoming Dates for your Diary

- 4-6 Nov Big Class Bathurst Excursion
- 13 Nov Captain Speeches
- 15 Nov Kindi Transition
- 18 Nov LAMs
- 19 Nov LAMs
- 19 Nov 2LVR schools hour radio show
- 22 Nov Kindi Transition
- 29 Nov Kindi Transition
- 6 Dec Kindi Transition
- 13 Dec Forbes Christmas Carnival
- 17 Dec Presentation
- 18 Dec End School year - students
- 27th & 28th March 2026 - Bedgerabong Sesquicentary



Mr Faulkner

4.11.2024

2024 school term dates

Term 1 30-1-24 - 12-4-24

Term 2 30-4-24 - 5-7-24

Term 3 23-7-24 - 27-9-24

Term 4 14-10-24 - 18-12-24

A guide to selective high schools and opportunity classes

Selective high schools and opportunity classes are specialist school settings that group together **high potential and gifted students**.

Learning with classmates who have similar abilities helps students' academic development and wellbeing.

Students still follow the NSW curriculum, but teachers may use special teaching strategies for high potential and gifted learners.

Selective high schools

There are 4 types of selective high schools:

- **fully selective high schools** – these are schools where all students have been selected based on the placement test
- **partially selective high schools** – these are schools that have a mix of selected students and local area students
- **agricultural selective high schools** – these are schools that emphasise the study of agriculture and all students are selected on their academic ability. Some of these schools also provide boarding where students live at the school
- **Aurora College** – these are online selective classes. They are provided at local public high schools in rural and remote areas.

Opportunity classes

Opportunity classes are for high potential and gifted students in Years 5 and 6. They are offered in a number of public primary schools across NSW.

Aurora College provides online opportunity classes for rural and remote students in their local primary schools.

Where are they located?

Selective high schools and opportunity classes are available across metropolitan, regional and rural NSW. Check the maps below for a school near you.

- [Find an opportunity class](#)
- [Find a selective high school](#)

How do I know if it is the right fit for my child?

Does your child:

- enjoy learning
- have intense curiosity
- display a good memory
- ask complex questions
- require fewer repetitions when learning new things
- display creative ways of thinking
- become intensely focused in their area of interest or passion?

If some of these sound like your child, an opportunity class or selective high school might be a good fit.

How do I apply?

Parents apply during the application period online at: shsoc.education.nsw.gov.au

2026 entry into an opportunity class or selective high school

The application period for 2026 entry is from **7 November 2024** to **21 February 2025**.

What year is my child in when I apply?

Opportunity classes

Parents apply when their child is near the end of Year 3 in 2024 or at the beginning of Year 4 in 2025.

Selective high schools

Parents apply when their child is near the end of Year 5 in 2024 or at the beginning of Year 6 in 2025.

Learn more on our website about the [application process](#) and residency requirements at [who can apply for opportunity classes](#) and [who can apply for selective high schools](#).

The placement test

After you apply, your child must sit a test. Students are then selected for placement based on their test performance.

When is the test?

The test will be available across a 3-day period from **Friday 2 May** to **Sunday 4 May 2025**.

Students attend one test day only and do **not** need to bring their own computer to sit the placement tests.



What's in the test?

The test assesses how well students understand what they read, reason using mathematics and their thinking skills. Applicants for selective high schools are also tested on their writing skills.

Learn more at: [Placement test](#).

When will I find out about my child's results?

After your child sits the test, you will get an email in Term 3 with their test performance and next steps. If your child is offered a place, you will get information on how to enrol.

The Equity Placement Model

The [Equity Placement Model](#) helps all students to have fair access to selective high schools and opportunity classes.

Under the Model, up to 20% of student places at each selective high school and opportunity class are held for high potential and gifted students:

- from low socio-educational advantage areas
- of Aboriginal and/or Torres Strait Islander background
- from rural and remote locations
- with disability.

The held places are offered to students based on their performance in the placement test.

Learn more at [Fair Access](#).

Supporting gifted students in all NSW public schools

Selective high schools and opportunity classes are just one of the ways that the NSW Department of Education supports high potential and gifted students.

High potential and gifted students are supported in all NSW public schools to reach their full potential. Learn more about the department's [High Potential and Gifted Education Policy](#).



Need more information?

Check the following webpages for more detailed information.

Webpages for parents and carers

- **Selective high schools and opportunity classes:** education.nsw.gov.au/shs-oc
- **Selective high schools:** education.nsw.gov.au/shs-yr7
- **Opportunity classes:** education.nsw.gov.au/oc

Webpages for students

- **Selective high schools and opportunity classes information for students:** edu.nsw.link/shs-oc-students
- **Applying for an opportunity class:** Student resource hub: edu.nsw.link/OChub
- **Applying for a selective high school:** Student resource hub: edu.nsw.link/SHShub

Social media

Join our official department Facebook groups:

- **Selective high school placement:** edu.nsw.link/shs-fb
- **Opportunity classes:** edu.nsw.link/oc-fb

Contact us

Contact the Selective Education Unit at:

Email: ssu@det.nsw.edu.au

Phone: 1300 880 367

Telephone interpreter service: 131 450

If you need an interpreter to assist with your enquiry please call the telephone interpreter service and tell the operator:

- the language you need
- the phone number you want to call.

The operator will call the Selective Education Unit phone number (1300 880 367) and get an interpreter on the line to assist you with your conversation. You will not be charged for this service.

