



Students of the week



## Equipping, Inspiring, Belonging

**PLAY**

Using all four practices together will guide you in creating healthy Play boundaries.

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**MAKE THEIR DAY**

Make Their Day means taking a genuine interest in the gifts of others. It does not come with strings attached. It is not designed to "get" something. Make Their Day is a heartfelt contribution intended for no other purpose than to bring a little joy into someone's life.

[FISHphilosophy.com](http://FISHphilosophy.com) **FISH!**

## Run to the finish line

### Student of the Week

#### **Lower Division**

Week 4 – Rain T – his bright bubbly attitude and being playful, making everyone laugh.

Week 5 – Roman S – pushing himself and trying really hard during marimba practice.

#### **Upper Division**

Week 4 – Lachlan P – great behaviour at camp.

Week 5 – Lizzy S – 'always there' for others. A quiet conscientious student.

### Home Reading

150 nights – Jack K, Samantha N

200 nights – Will C, Sarah M

### Upcoming Dates for your Diary

Nov 19- Dads in School Day

Nov 20-23 NSW Schools Spectacular

Nov 26 - Forbes HS full day Yr 7 Transition

Nov 27 - Bbong Alive

Nov 28 - DigiEd - claymation workshops K-6

Nov 29 - JRV residents visit to our school, Tootie Fruity

Dec 3 - Forbes HS full day Yr 7 Transition

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Dec 18 - Presentation Night 7pm

Dec 19 - Last Day term 4 -students



## Community Gardens Award

Last week Mrs Isbester and I attended the Forbes Community Garden's Scarecrow Open Day to enter the schools scarecrows, sell some of the plants that Mrs Isbester and the kids had been growing and to hear the announcement of the Community Garden Awards competition. It was a lovely day and a great opportunity to generate some excitement and knowledge of the Bedgerabong Kitchen / Garden program. Mrs Isbester also donated some of her lovely cuttings as a raffle which was very well received and



supported. I'm very proud to announce that our school garden was awarded 2nd place in the Community Garden section and wish to congratulate all of the people who contributed to the garden being in the productive and healthy condition it is in. We often forget that the programs we have in place at our school are of such a high quality and compare very well to the best others offer, and as such fail to promote them outside of our community. This was a terrific chance to let the wider community of Forbes know about just one of ours.



## iPads at school

As most of you would be aware we have an ICT program based on 1-1 use of iPads. Most of our students have access to a personal device for school use and those that don't, have access to a shared class set. Just a reminder that the school iPads must be at school each day with at least 50% charge. Our new administration and maintenance system will lock any iPad that has not been at school for more than 3 days until it is returned to the school environment to be unlocked. We are also at that time of the year when we ask families to consider possible upgrades or replacement of older iPads. If you are interested in replacing or updating your child's school iPad please contact the school for details re price, specifications etc. iPads are available to be purchased through the school at a reduced cost for students in years 1-6, so if your kindergarten child is keen to have one for next year, we can help you out. We can also help you out if you would like to participate in the program but offer the iPad as a gift from our bearded friend from way up North! Just let us know.

## JRV visit

Some of the residents from Jemalong Retirement Village will be visiting our school on Thursday November 29 from 12pm. Our students will perform for them before we share a lunch. Tootie Fruity will be held on this day next week to coincide with the visit, so please be aware that kids will need their lunch made for Wednesday. It would be lovely if we had any interested community members join us on this day as I'm sure that there will be many ex- patriot Bedgerabong residents involved.

## Swimming Scheme

Notes for our swimming scheme were due back last Friday. If you have yet to return yours please do so ASAP, or contact the school. We need to confirm numbers for bookings of the bus, swimming instructors, etc. As we have done in the past Tootie Fruity will still be conducted, but at the pool. Please also be aware that during swimming school time, pools chlorine levels can be raised to compensate for the amount of bodies in the pool, so we often advise that parents provide a set of swimming goggles, labelled with your child's name. More details around school swimming, including options for town pickups etc will come home shortly.



## Schools Spectacular



The Schools Spectacular celebrates some of the greatest music, theatrical shows and stories, performed by some of the most remarkable young Australians you'll ever see. The annual event will be held in Sydney on November 23 and 24 and around 5000 public school students from across the state will take part. This year there will be 40 featured performers, a 100-piece



symphony orchestra, stage band, 2700-voice choir and over 2300 dancers. We have 5 students from Bedgerabong participating in this amazing show in the combined dance section. The girls will head to Sydney this Tuesday for 5 days to perform in over 4 shows. The dancers have worked incredibly hard. They have travelled to Cowra twice for rehearsals and have given up many lunch times to train for the massive event. The students will be dancing in a segment called 'Aussie Exports' along with other rural schools including Bathurst, Calare, Cowra and Gulgong.



Good luck girls, can't wait to re-watch it on television.

## Book Fair

Our annual Book Fair will be set up on Thursday 29<sup>th</sup> November and your child will come home with a wish list the next day. The purpose of the wish list is to give you an opportunity to see the books that your child likes and then select one of them to a value of \$15 for our P&C to purchase for your child as a Presentation Night award. It would be great if you could go over your child's wish list, then come down to the school to see Mrs Horan to select the book for your child. Of course we also have all of the books for sale to anyone that is after a great Christmas gift for someone to enjoy over the holidays.

## Forbes Christmas Street Parade

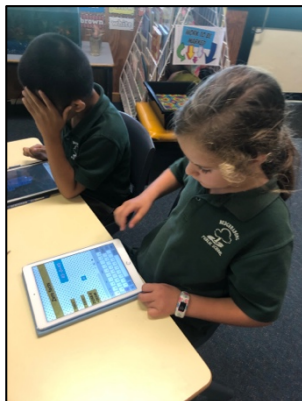
A quick reminder to families that our school has been asked to participate in the Christmas Festivities in Forbes on Friday December 14. It will be very similar to the Car Rally that we did last term. I've requested that our kids be given a kid friendly time frame so that we can have maximum participation. At this stage I'm hoping for a 6pm marimba performance and a 7pm circus arts. A note with definite details and attendance confirmation will come home soon.

## Canberra

Over the weekend, Mr and Mrs Faulkner, Miss Hanns and Mrs Horan, travelled to Canberra to attend a specialised workshop focusing on child centred learning. Together with staff from Caragabal and Quandialla schools, we were guided through the process of including Project Based Learning in our classrooms. This style of learning puts the student at the centre, addressing real world problems. Using what we had learned, we planned a whole school unit which we are planning to implement in 2019.

## K-2 news

We have been so lucky lately to be able to have Mrs Corke visiting so regularly. On Thursday Mrs Corke and I ran a co-maths lesson to challenge the students' knowledge of different maths strategies. We played different maths games and then spoke about the strategies we use to find the answer. Then all of the students worked on their iPads to create posters to show their understanding and share it with others. All the students were totally engaged and begging to create another. Miss Hanns



## Mrs Faulkner's news

Last week Sue Clarke from Netwaste visited our school to talk to the primary children about composting. She introduced the children to the A.D.A.M Principles to help to create a great composting environment.

A - aliveness – compost is a 'living creature' full of worms & healthy microbes.

D - diversity – mix in a variety of ingredients: eg food scraps, dry leaves, fine woody mulch, grass, hair, herbs etc. Variety is the spice of life!

A - aeration - aerate your compost regularly.

M - moisture - keep compost moist at all times.

The children also got to make their own 'rocket compost' we will keep an eye on them over the coming weeks to see how they change. They also had a game of tug-o-war with recycled bale twine.

It seems Virtual Reality has taken over the school! The truth is we have been very lucky this term to secure the STEMshare kit and have made really good use of it. Last week the big class started creating their own expeditions using Google Tour Creator. Using a 360



degree photo of the playground, the children identified points of interest around the schoolyard which were then incorporated in their playground tour (via pop up facts and photos). The projects were published via Poly Google, enabling the tours to be accessed by the kit phones which could then be placed in the VR goggles - mind boggling but amazing!



## Kitchen/Garden

In the upcoming weeks the kids will be cooking for some of the JRV residents. Please note for next week cooking will be on Thursday instead of Wednesday. Therefore the kids will need to bring their lunch on Wednesday. Digi Ed will be on this day so the kids will be too busy making great creations to be doing cooking. This week will see us be a bit creative and try and plait a loaf for lunch.

While the kids were at camp the little ones cooked their own egg and bacon pies made by cutting the crusts off a piece of bread then rolling that piece of bread flat and pressing into a muffin tin. They cooked some bacon and added the cooked bacon to the bottom of the bread casing, added some sour cream and then each child cracked their own egg into the bread casing added a little more bacon and then baked their egg and bacon pie in the oven. Afterwards they made reindeers out of timtams, pretzels and lollies.

Last week we made Speedy Mince and Noodle Stir fry and Chocolate Spider Christmas trees.

### Speedy Mince and Noodle Stir Fry

Ingredients: 450g fresh hokkien noodles, 1 1/2 tbs oil, 500g beef mince, 1 brown onion, halved, cut into thin wedges, 3 garlic cloves, crushed, 300g celery, 115g baby corn, thinly sliced diagonally, 1 carrot, halved, thinly sliced diagonally, 1 small red capsicum, cut into 1cm pieces, 1/4 cup soy sauce, 1/4 cup BBQ Sauce

### Method

Place noodles in a heatproof bowl. Cover with boiling water. Stand for 2 to 3 minutes or until tender. Using a fork, separate noodles. Drain.

Meanwhile, heat a pan over high heat. Add oil. Swirl to coat. Add mince. Cook, stirring with a wooden spoon to break up mince, for 8 minutes or until browned. Add brown onion and garlic. Stir-fry for 1 minute. Add celery, corn, carrot and capsicum. Stir-fry for 3 to 4 minutes or until tender. Add soy sauce, barbecue sauce and sesame oil. Stir-fry for 1 minute. Add noodles. Stir-fry to combine. Serve.

### In the garden

The kids may have come home fascinated that we used potatoes in the garden and not as human food. The potatoes were used to try and strike some roses. Rose cutting were taken and stuck into the potatoes as the potatoes are supposed to give the roses the nutrition they need to become plants. Our vegetable garden seems to be quite loaded with vegetables at the moment and our greenhouse is coming along with flowering plants. There are many plants for sale both flowering and vegetable (tomatoes and pumpkins) - anyone wishing to purchase plants are more than welcome to call in and do so - the vegetable plants getting quite advanced now. Come check out our flowering plants - pots of colour.

# Bedgerabong Community Notices

## Bedgerabong Union Memorial Church

The AGM and ordinary November meeting will be held on Thursday 22nd November at 7.30pm at the church. All Welcome.

## Rotary Ipomoea's Christmas Tree Festival

Your invitation to join us at the opening of Rotary

Ipomoea's 8th Christmas Tree Festival. - Forbes Town Hall. Festival opens at 5pm with an official opening with refreshments at 6.30pm Friday 30th November. Open 9am -5pm Saturday December 1st. Open 9am- 3pm Sunday December 2nd. For more info phone Helen 68514930 Email sueanne.nixon@hotmail.com



## FREAKY FACTS



A birth certificate shows you were born.

A death certificate shows you have died.

A photo album shows you have lived.

## Giggle Spot

Q: Why can't Elsa have a balloon? A: Because she will let it go.

Q: How do you make an octopus laugh? A: With ten-tickles!

Q: How do you make a tissue dance? A: You put a little boogie in it.

## QUOTE OF THE WEEK

"If you cannot do great things, do small things in a great way." -Napoleon Hill



Happy Birthday to these recent and up coming party goers.

11 Nov

*Halle B*

10 Nov

*Sarah N*

17 Nov

*Will M*

17 Nov

*Annika P*

19 Nov

*Jack K*

20 Nov

*Holly P*

22 Nov

*Sarah M*

25 Nov

*Isabella B*

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**CHOOSE YOUR ATTITUDE**

The only thing any of us really controls in this world is our choices. When you take responsibility for how you react to what life throws in your path, you gain tremendous personal power. You Choose Your Attitude, not the other way around.

**FISHphilosophy.com** **FISH!**



Mr Faulkner  
19 November 2018



2018 school term dates

**Term 1** 30-1-18 - 13-4-18

**Term 2** 1-5-18 - 6-7-18

**Term 3** 24-7-18 - 28-9-18

**Term 4** 15-10-18 - 19-12-18